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FREDS INC Form 4										
May 11, 200	_							OMB AF	PPROVAL	
FORM	RITIES AND EXCHANGE C shington, D.C. 20549				OMMISSION	OMB Number:	3235-0287			
Check thi if no long subject to Section 1 Form 4 o	NT OF CHAN	NGES IN BENEFICIAL OWN SECURITIES				NERSHIP OF		stimated average urden hours per		
Form 5 obligations may continue. See Instruction 1(b). Form 5 obligations may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type F	Responses)									
CARTER JOHN Symb			2. Issuer Name and Ticker or Trading Symbol FREDS INC [FRED]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Midd		Earliest Trar	-			(Chec	k all applicable	2)	
(M			(Month/Day/Year) 10/06/2005				Director10% Owner XOfficer (give titleOther (specify below) below) Vice President			
(Street) 4. If Am			mendment, Date Original			6. Individual or Joint/Group Filing(Check				
MEMPHIS,	/Ionth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) (Zip) Table	e I - Non-De	rivative S	ecuritie	s Acq	uired, Disposed of	, or Beneficial	lv Owned	
1.Title of Security (Instr. 3)	ar	A. Deemed xecution Date, if	3. Transaction Code (Instr. 8)	4. Securi	ities l (A) or l of (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Class A Common Stock	10/06/2005 <u>(1)</u>		Code V J(1)(4)	Amount 6,000	D	Price \$ 0		D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onof D Secu Acqu (A) o Disp (D)	rities uired or osed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option on Class A Common Stock	\$ 17.67	10/06/2005 <u>(1)</u>		J <u>(1)</u>		7,200	08/20/2008 <u>(2)</u>	08/20/2010	Class A Common Stock	7,200
Option on Class A Common Stock	\$ 20.6	10/06/2005 <u>(1)</u>		J <u>(1)</u>		1,800	08/20/2008 <u>(2)</u>	08/20/2010	Class A Common Stock	1,800
Option on Class A Common Stock	\$ 14.6	10/06/2005 <u>(1)</u>		J <u>(1)</u>		2,000	09/08/2009 <u>(3)</u>	09/08/2011	Class A Common Stock	2,000
Option on Class A Common Stock	\$ 15.37	10/06/2005 <u>(1)</u>		J <u>(1)</u>		1,500 (1)	06/09/2010 <u>(3)</u>	06/09/2012	Class A Common Stock	1,500

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
CARTER JOHN 4300 NEW GETWELL MEMPHIS, TN 38118			Vice President					
Signatures								

Signatures

Anita Ryan by power of 05/11/2006 attorney

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Carter left the employ of Fred?s Inc. as of 10/6/2005

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- (2) This option had graded vesting of 10% for the first four years beginning-August 20, 2004 and 60% on the August 20, 2008.
- (3) This option had graded vesting of 10% per year for the first 4 grant anniversaries and 60% on the fifth anniversary.
- (4) Mr. Carter had 6,000 shares of restricted stock that had cliff vesting on 1/18/2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.