

ENERGY EAST CORP  
Form 4  
May 26, 2005

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
GERMAN MICHAEL I

(Last) (First) (Middle)

CONNECTICUT NATURAL GAS CORPORATION, 77 HARTLAND STREET, 4TH FLOOR

(Street)

EAST HARTFORD, CT 06108

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
ENERGY EAST CORP [EAS]

3. Date of Earliest Transaction (Month/Day/Year)  
05/25/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_ Director \_\_\_ 10% Owner  
 Officer (give title below) \_\_\_ Other (specify below)  
President-Subsidiary

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_ Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/25/2005		M	V	45,000 A \$ 19.62 (1)	91,028.7029 D	
Common Stock (1)	05/25/2005		D		45,000 D \$ 27.93	46,028.7029 D	
Common Stock					1,418.61 (1)	I	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form

SEC 1474 (9-02)

displays a currently valid OMB control number.

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 28.7188					06/07/1999	05/21/2007	Common Stock	10,9
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 26.7188					02/19/1999 <sup>(3)</sup>	02/19/2009	Common Stock	100,
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 19.62	05/25/2005		M	45,000	02/08/2002 <sup>(4)</sup>	02/08/2012	Common Stock	45,0
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 19.1					02/12/2003 <sup>(5)</sup>	02/12/2013	Common Stock	20,0
Employee Stock Option (right to buy) / SAR <sup>(2)</sup>	\$ 23.89					02/12/2004 <sup>(6)</sup>	02/12/2014	Common Stock	20,0

