#### Edgar Filing: ABERNATHY JAMES PAUL - Form 4

#### ABERNATHY JAMES PAUL

Form 4 May 09, 2013

# FORM 4

### **OMB APPROVAL**

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** 3235-0287 Number:

Check this box if no longer subject to Section 16.

January 31, Expires: 2005

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

response... 0.5

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ABERNATHY JAMES PAUL			Symbol	2. Issuer Name <b>and</b> Ticker or Trading Symbol NATIONAL HEALTHCARE CORP			5. Relationship of Reporting Person(s) to Issuer			
			[NHC]					(Check all applicable)		
(Last)	(First)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year)			X Director 10% Owner Officer (give title Other (specify below) below)			
2102 GREENLAND DRIVE			05/08/201	05/08/2013				ociow)		
	(Street)		4. If Amend	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check			
MURFREESBORO, TN 37130			Filed(Month	Filed(Month/Day/Year)			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
MURITELSI	JORO, IN S	7130					Person			
(City)	(State)	(Zip)	Table I	I - Non-Der	ivative Se	curities Acq	uired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transactio (Month/Day/	Year) E	A. Deemed xecution Date, if ny Month/Day/Year)	Code (Instr. 8)	4. SecurionAcquirect Disposed (Instr. 3,	l (A) or l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock							24,603	D		
Shares of Series A Convertible Preferred Stock							12,388	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 45.8					05/09/2011	05/08/2016	Common Stock	6,312
Option to Purchase Common Stock	\$ 44.8					05/03/2012	05/02/2017	Common Stock	7,500
Option to Purchase Common Stock	\$ 47.45	05/08/2013		A	7,500 (1)	05/08/2013	05/07/2018	Common Stock	7,500

# **Reporting Owners**

Reporting Owner Name / Address	Relationships					
Topozonig O Wiloz I Millo / I Lud Coo	Director	10% Owner	Officer	Other		
ABERNATHY JAMES PAUL 2102 GREENLAND DRIVE MURFREESBORO, TN 37130	X					

# **Signatures**

J. Paul Abernathy by Ann S. Benson, P.O.A. 05/09/2013

\*\*Signature of Reporting Person Date

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# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These stock options were granted pursuant to the NHC 2010 Omnibus Equity Incentive Plan on May 8, 2013. The grant and exercise of these stock options are exempt from Section 16(b) pursuant to Rule 16b-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.