HORST DALE E Form 4 February 24, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(City)

(State)

(Zin)

(Print or Type Responses)

1. Name and Address of Reporting Person * HORST DALE E			2. Issuer Name and Ticker or Trading Symbol WEIS MARKETS INC [WMK]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 1000 SOUTH S STREET, P.O.		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 02/24/2006	Director 10% Owne Symbol Officer (give title Other (special below) Vice President Store Operation		
SUNBURY, PA	(Street) A 17801-04	71	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State) (.	Table	e I - Non-D	erivative S	Securi	ties Acq	uired, Disposed o	of, or Beneficial	ly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securi	ties A	equired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	on(A) or Di	ispose	d of	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	(D)			Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and	5)	Owned	Indirect (I)	Ownership
							Following	(Instr. 4)	(Instr. 4)
					(4)		Reported		
					(A) or		Transaction(s)		
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	02/24/2006	02/24/2006	M	250	A	\$ 31.5	250	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)		Exp ve (Mo es d	Date Exercis piration Date onth/Day/Ye	e	7. Title and A Underlying S (Instr. 3 and	Securities	8. I De: Sec (In:
				Code V	(A) (I		te ercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 31.5	02/24/2006	02/24/2006	M	25	08,	/01/1996	07/31/2006	Common Stock	250	\$
Stock Option	\$ 32.875					08	/01/1997	07/31/2007	Common Stock	250	
Stock Option	\$ 34.3125					08	/01/1998	07/31/2008	Common Stock	250	
Stock Option	\$ 37.9375					08	/01/1999	07/31/2009	Common Stock	250	
Stock Option	\$ 35.125					08	/01/2000	07/31/2010	Common Stock	250	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HORST DALE E 1000 SOUTH SECOND STREET P.O. BOX 471 SUNBURY, PA 17801-0471			Vice President Store Operation				

Signatures

Dale E. Horst	02/24/2006		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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