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Sabry James	Н								
Form 4	2007								
November 01								OMB A	PPROVAL
	UNITEDS		RITIES A			NGE (COMMISSION	OMB Number:	3235-0287
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may contin	uant to Section) of the Public U	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Sectio of the Investment Company Act of 1940						January 31, 2005 average irs per 0.5	
See Instructure 1(b).	ction		ii vestinent -	company	1100	01 19			
(Print or Type R	esponses)								
1. Name and Ac Sabry James	Symbol	2. Issuer Name and Ticker or Trading Symbol CYTOKINETICS INC [CYTK]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M	iddle) 3. Date	of Earliest Tra	ansaction			(Chec	к ан аррисаов	e)
280 EAST G		(Month/Day/Year) 11/01/2007				X Director 10% Owner X Officer (give title Other (specify below) below) Executive Chairman			
		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Jo Applicable Line) _X_Form filed by C	One Reporting Po	erson	
SOUTH SAN FRANCISCO							Form filed by M Person	fore than One R	eporung
(City)	(State) (A	Zip) Tal	ole I - Non-D	erivative S	ecuri	ties Aco	quired, Disposed of	f, or Beneficia	lly Owned
Security (Month/Day/Year) Execution Date, if T Instr. 3) any C		Code	TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5)			SecuritiesIBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	11/01/2007		M <u>(1)</u>	7,000	А	\$ 1.2	7,000	D	
Common Stock	11/01/2007		S <u>(2)</u>	7,000	D	\$ 5	0	D	
Common							100 550	T	1 00

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Stock

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required to respond unless the formSEC 1474
(9-02)

Ι

192,550

by Trust

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Num onof Deriv Securiti Acquire (A) or Dispose (D) (Instr. 3 and 5)	vative ies ed ed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and An Underlying Sec (Instr. 3 and 4)
				Code V	(A)	(D)	Date Exercisable	Expiration Date	A Title N S
Non-Qualified Stock Option (right to buy)	\$ 1.2	11/01/2007		М	7	,000	07/10/2002(3)	07/10/2012	Common Stock
Incentive Stock Option (right to buy)	\$ 0.58						09/28/1999 <u>(4)</u>	09/28/2009	Common Stock
Incentive Stock Option (right to buy)	\$ 0.58						11/14/2000(5)	11/14/2010	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2						07/10/2002(3)	07/10/2012	Common Stock
Incentive Stock Option (right to buy)	\$ 1.2						05/21/2003 <u>(6)</u>	05/21/2013	Common Stock
Incentive Stock Option (right to buy)	\$ 6.5						04/08/2004(7)	03/08/2014	Common Stock
Incentive Stock Option (right to buy)	\$ 6.59						04/11/2005(8)	04/11/2015	Common Stock
Incentive Stock Option (right to buy)	\$ 6.81						04/01/2007 <u>(9)</u>	03/14/2017	Common Stock
Incentive Stock Option (right to buy)	\$ 7.15						03/01/2006(10)	03/01/2016	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.5						04/08/2004 <u>(7)</u>	03/08/2014	Common Stock

Non-Qualified Stock Option (right to buy)	\$ 6.59	04/11/2005(8)	04/11/2015	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 6.81	04/01/2007(9)	03/14/2017	Common Stock
Non-Qualified Stock Option (right to buy)	\$ 7.15	03/01/2006(10)	03/01/2016	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
Sabry James H 280 EAST GRAND AVENUE SOUTH SAN FRANCISCO, CA 94080	Х		Executive Chairman			

Signatures

James H. Sabry, M.D.,	11/01/2007
Ph.D.	11/01/2007

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The exercise reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 14, 2007.
- (2) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on March 14, 2007.

When the ISO and NQ dated 07/10/02 are combined for a total grant of 300,000 shares, the option is immediately exercisable upon grant
 (3) and shall vest as to 5,000 shares on 04/15/02 and the balance of 295,000 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/15/07.

(4) This option is immediately exercisable upon grant and shall vest as to 15,625 shares on 05/01/99 and the balance of 46,875 divided into equal monthly installments thereafter such that the option shall be 100% vested on 05/01/02.

When the ISO and NQ dated 11/14/00 are combined for a total grant of 250,000 shares, the option is immediately exercisable upon grant
(5) and shall vest as to 4,167 shares on 12/14/00 and the balance of 245,833 divided into equal monthly installments thereafter such that the option shall be 100% vested on 11/14/05.

(6) This option is immediately exercisable upon grant and shall vest as to 1,563 shares on 04/01/03 and the balance of 73,437 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/01/07.

When the ISO and NQ dated 03/08/04 are combined for a total grant of 86,500 shares, the option shall vest and become exercisable as to
 1,802 shares on 04/08/04 and the balance of 84,698 divided into equal monthly installments thereafter such that the option shall be
 100% vested on 03/08/08.

- (8) When the ISO and NQ dated 04/11/05 are combined for a total grant of 85,000 shares, the option shall vest and become exercisable as to 85,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2009.
- (9) When the ISO and NQ dated 03/14/2007 are combined for a total grant of 100,000 shares, the option shall vest and become exercisable as to 2,083 shares on 04/01/07 and the balance of 97,917 divided into equal monthly installments thereafter such that the option shall be

Reporting Owners

100% vested on 03/01/11.

(10) When the ISO and NQ dated 03/01/2006 are combined for a total grant of 150,000 shares, the option shall vest and become exercisable as to 150,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.