

BioScrip, Inc.
Form 4
December 08, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
FRIEDMAN RICHARD H

(Last) (First) (Middle)
100 CLEARBROOK ROAD
(Street)

ELMSFORD, NY 10523

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
BioScrip, Inc. [BIOS]

3. Date of Earliest Transaction
(Month/Day/Year)
12/08/2009

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)
Chairman of the Board and CEO

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$.0001 Par Value	12/08/2009		M	20,000 A	\$ 5.8 786,079	D ⁽²⁾	
Common Stock, \$.0001 Par Value	12/08/2009		S	20,000 D	\$ 8.0454 ₍₁₎ 766,079	D ⁽²⁾	
Common Stock, \$.0001 Par Value					250,000	I	By The Richard H. Friedman Grantor

Retained
Annuity
Trust ⁽³⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount Number of Shares
Employee Stock Option (Right to Buy)	\$ 5.8	12/08/2009		M	20,000	01/02/2004 ⁽⁴⁾	01/02/2013	Common Stock, \$.0001 Par Value	20,000
Employee Stock Option (Right to Buy)	\$ 12.2					11/28/2002 ⁽⁴⁾	11/28/2011	Common Stock, \$.0001 Par Value	200,000
Employee Stock Option (Right to Buy)	\$ 17.8					01/02/2003 ⁽⁴⁾	01/02/2012	Common Stock, \$.0001 Par Value	200,000
Employee Stock Option (Right to Buy)	\$ 7.03					01/02/2005 ⁽⁴⁾	01/02/2014	Common Stock, \$.0001 Par Value	200,000
Employee Stock Option (Right to Buy)	\$ 6.36					01/03/2006 ⁽⁴⁾	01/03/2015	Common Stock, \$.0001 Par Value	200,000

Employee Stock Option (Right to Buy)	\$ 7.54	01/03/2007 ⁽⁴⁾	01/03/2016	Common Stock, \$.0001 Par Value	200,
Employee Stock Option (Right to Buy)	\$ 3.46	01/02/2008 ⁽⁵⁾	01/02/2017	Common Stock, \$.0001 Par Value	66,6
Employee Stock Option (Right to Buy)	\$ 7.7	01/02/2009 ⁽⁵⁾	01/02/2018	Common Stock, \$.0001 Par Value	130,
Employee Stock Option (Right to Buy)	\$ 7.7	01/02/2009 ⁽⁵⁾	01/02/2018	Common Stock, \$.0001 Par Value	70,0
Option To Purchase Common Stock	\$ 6.52	04/29/2009 ⁽⁵⁾	04/29/2018	Common Stock, \$.0001 Par Value	112,
Option To Purchase Common Stock	\$ 2.73	04/28/2010 ⁽⁵⁾	04/28/2019	Common Stock, \$.0001 Par Value	150,

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
FRIEDMAN RICHARD H 100 CLEARBROOK ROAD ELMSFORD, NY 10523	X		Chairman of the Board and CEO	

Signatures

/s/ Richard H.
Friedman 12/08/2009

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Shares were sold at various prices between \$8.00 and \$8.09 per share. Mr. Friedman undertakes to provide (upon request by the SEC staff, the issuer, or a security holder of the issuer) full information regarding the number of shares purchased or sold at each separate price.

(1) Includes 10,000 shares owned jointly with Mr. Friedman's spouse.

Shares of Common Stock are owned by the Richard H. Friedman Grantor Retained Annuity Trust dated June 22, 2009. The 250,000

(2) shares held in the trust were transferred to the trust by Mr. Friedman on June 22, 2009. Mr. Friedman is trustee of the trust and has sole voting and dispositive power with respect to these shares of Common Stock.

(3) Fully Vested

(4) Vests and becomes exercisable in three equal annual installments commencing on the first anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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