

RECTOR BRENDA B
Form 4
September 21, 2012

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2015
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RECTOR BRENDA B

2. Issuer Name and Ticker or Trading Symbol
ALEXANDERS J CORP [JAX]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
621 MENEES LANE

(Street)

3. Date of Earliest Transaction (Month/Day/Year)
09/19/2012

Director 10% Owner
 Officer (give title below) Other (specify below)

MADISON, TN 37115

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D) Price			
Common Stock	09/19/2012		U	1,000 D \$ 14.5	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 7.61	09/19/2012		D		10,000		07/21/2005	07/21/2014	Common Stock	10,000
Stock Option (Right to Buy)	\$ 9.03	09/19/2012		D		1,000		07/26/2006	07/26/2015	Common Stock	1,000
Stock Option (Right to Buy)	\$ 8.67	09/19/2012		D		1,000		07/25/2007	07/25/2016	Common Stock	1,000
Stock Option (Right to Buy)	\$ 13.33	09/19/2012		D		1,000		07/24/2008	07/24/2017	Common Stock	1,000
Stock Option (Right to Buy)	\$ 6.1	09/19/2012		D		1,000		07/24/2009	07/24/2018	Common Stock	1,000
Stock Option (Right to Buy)	\$ 4.69	09/19/2012		D		1,000		07/23/2010	07/23/2019	Common Stock	1,000
Stock Option (Right to Buy)	\$ 4.09	09/19/2012		D		1,000		08/18/2011	08/18/2020	Common Stock	1,000
Stock Option (Right to Buy)	\$ 5.5	09/19/2012		D		1,000		08/08/2012	08/08/2021	Common Stock	1,000

