LABOR READY INC

Form 4 July 14, 2005

FORM 4

Form 4 or

obligations

may continue.

See Instruction

Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

5. Relationship of Reporting Person(s) to 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading NORTH GARY WILLIAM Issuer Symbol LABOR READY INC [LRW] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title Other (specify 1015 A. STREET, P.O. BOX 2910 07/12/2005 below) Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting TACOMA, WA 98401 Person (Ctota)

(City)	(State) (Z	Zip) Table	e I - Non-D	erivative S	ecurit	ies Acq	uired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common stock	07/12/2005		M	24,800	A	\$ 4	57,532	D	
Common stock	07/12/2005		S	24,800 (1)	D	\$ 25	32,732 (2)	D	
Common stock	07/13/2005		M	200	A	\$ 4	32,932	D	
Common stock	07/13/2005		S	200 (1)	D	\$ 25	32,840 (3)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Options (Right to buy)	\$ 4	07/12/2005		M	24,800	06/20/2002(4)	06/20/2006	Common stock	24,800
Options (Right to buy)	\$ 4	07/13/2005		M	200	06/20/2002(4)	06/20/2006	Common stock	200

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

NORTH GARY WILLIAM 1015 A. STREET P.O. BOX 2910 TACOMA, WA 98401

Vice President

Signatures

Matthew S. Topham, Attorney-in-Fact 07/14/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales effected pursuant to preplanned trading program designed to meet the requirements of Rule 10b5-1.
 - Includes 132 shares acquired pursuant to the Labor Ready, Inc. 1996 Employee Stock Purchase Plan since the date of the filing of Mr.
- (2) North's last Form 4. As of July 13, 2005, Mr. North also indirectly owned 1,092 Labor Ready Stock Units (Labor Ready 401(k) Plan.) Each Unit consists of Labor Ready common stock and a cash component.

Reporting Owners 2

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- (3) Includes 108 shares acquired pursuant to the Labor Ready, Inc. 1996 Employee Stock Purchase Plan on July 13, 2005.
- (4) Options subject to this grant vest over a 4 year period in equal annual installments.

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