

BRADLEY DONALD D
Form 4
November 16, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BRADLEY DONALD D

2. Issuer Name and Ticker or Trading Symbol
NATIONWIDE HEALTH PROPERTIES INC [NHP]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
EVP & Chief Investment Officer

(Last) (First) (Middle)
610 NEWPORT CENTER DRIVE,
SUITE 1150
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
11/11/2009

NEWPORT BEACH, CA 92660

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	11/11/2009		M	3,250 A \$ 15.28	125,393.0406	D	
Common Stock	11/11/2009		M	6,209 A \$ 19.6	131,602.0406	D	
Common Stock	11/11/2009		M	5,834 A \$ 14.2	137,436.0406	D	
Common Stock	11/11/2009		M	805 A \$ 21.29	138,241.0406	D	
Common Stock	11/11/2009		M	7,463 A \$ 19.6	145,704.0406	D	

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Common Stock	11/11/2009	M	728	A	\$ 14.2	146,432.0406	D
Common Stock	11/11/2009	M	2,695	A	\$ 21.29	149,127.0406	D
Common Stock ⁽¹⁾	11/11/2009	F	16,862	D	\$ 32.72	132,265.0406	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	
Employee Stock Option - Right to Buy	\$ 15.28	11/11/2009		M	3,250	03/12/2002 ⁽²⁾	03/12/2011	Common Stock	3,250
Employee Stock Option - Right to Buy	\$ 19.6	11/11/2009		M	6,209	01/21/2003 ⁽³⁾	01/21/2012	Common Stock	6,209
Employee Stock Option - Right to Buy	\$ 14.2	11/11/2009		M	5,834	01/28/2004 ⁽⁴⁾	01/28/2013	Common Stock	5,834
Employee Stock Option - Right to Buy	\$ 21.29	11/11/2009		M	805	10/19/2005 ⁽⁵⁾	10/19/2014	Common Stock	805

Buy

Employee
Stock

Option -	\$ 19.6	11/11/2009	M	7,463	01/21/2003 ⁽³⁾	01/21/2013	Common Stock	7,463
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Employee
Stock

Option -	\$ 14.2	11/11/2009	M	728	01/28/2004 ⁽⁴⁾	01/28/2014	Common Stock	728
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Employee
Stock

Option -	\$ 21.29	11/11/2009	M	2,695	10/19/2005 ⁽⁵⁾	10/19/2015	Common Stock	2,695
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Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

BRADLEY DONALD D
610 NEWPORT CENTER DRIVE, SUITE 1150
NEWPORT BEACH, CA 92660

EVP & Chief Investment Officer

Signatures

/s/ Donald D.
Bradley

11/16/2009

**Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares withheld by NHP to cover exercise price of stock options exercised and tax withholding due in connection with the gain on non-qualified stock options exercised.
- (2) The options became exercisable in three tranches on March 12, 2002, March 12, 2003 and March 12, 2004.
- (3) The options became exercisable in three tranches on January 21, 2003, January 21, 2004 and January 21, 2005.
- (4) The options became exercisable in three tranches on January 28, 2004, January 28, 2005 and January 28, 2006.
- (5) The options became exercisable in three tranches on October 19, 2005, October 19, 2006 and October 19, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.