

STEINBERG LEONARD
Form 4
July 05, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
STEINBERG LEONARD

2. Issuer Name and Ticker or Trading Symbol
ALASKA COMMUNICATIONS SYSTEMS GROUP INC [alsk]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
C/O ALASKA COMMUNICATIONS SYSTEMS GROUP, 600 TELEPHONE AVENUE

3. Date of Earliest Transaction (Month/Day/Year)
06/30/2005

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
VP General Counsel/Corp.Sec.

(Street)
ANCHORAGE, AK 99503

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(D)	Price
Options exercised, common stock \$.01 par	06/30/2005		M		1,000	A	\$ 4.35
Options exercised, common stock \$.01	06/30/2005		M		8,333	A	\$ 5.5
							11,744.17

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par

Options exercised, common stock \$.01 par	06/30/2005	M	18,750	A	\$ 7	30,494.17	D
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par

Options exercised, common stock \$.01 par	06/30/2005	M	29,168	A	\$ 8	59,622.17	D
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par

Common stock, \$.01 par	06/30/2005	S	46,875	D	\$ 9.9	12,787.17	D
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Exercise of stock options	\$ 4.35	06/30/2005		M	1,000	02/01/2005 02/01/2014	Common stock	1,000	
Exercise of stock options	\$ 5.5	06/30/2005		M	1,667	12/31/2000 11/20/2010	Common stock	1,667	
Exercise of stock options	\$ 5.5	06/30/2005		M	834	02/08/2001 11/20/2010	Common stock	834	
Exercise of stock options	\$ 5.5	06/30/2005		M	1,667	12/31/2001 11/20/2010	Common stock	1,667	

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Exercise of stock options	\$ 5.5	06/30/2005	M	833	02/08/2002	11/20/2010	Common stock	833
Exercise of stock options	\$ 5.5	06/30/2005	M	833	02/08/2003	11/20/2010	Common stock	833
Exercise of stock options	\$ 5.5	06/30/2005	M	1,666	12/31/2003	11/20/2010	Common stock	1,666
Exercise of stock options	\$ 5.5	06/30/2005	M	833	02/08/2004	11/20/2010	Common stock	833
Exercise of stock options	\$ 7	06/30/2005	M	4,166	12/31/2001	01/04/2011	common stock	4,166
Exercise of stock options	\$ 7	06/30/2005	M	2,083	01/04/2002	01/04/2011	Common stock	2,083
Exercise of stock options	\$ 7	06/30/2005	M	2,083	01/04/2003	01/04/2011	Common stock	2,083
Exercise of stock options	\$ 7	06/30/2005	M	4,166	12/31/2003	01/04/2011	Common stock	4,166
Exercise of stock options	\$ 7	06/30/2005	M	2,084	12/31/2003	01/04/2011	Common stock	2,084
Exercise of stock options	\$ 7	06/30/2005	M	4,168	12/31/2004	01/04/2011	Common stock	4,168
Exercise of stock options	\$ 8	06/30/2005	M	5,556	02/20/2003	02/20/2012	Common stock	5,556
Exercise of common stock	\$ 8	06/30/2005	M	11,110	12/31/2003	02/20/2012	Common stock	11,110
Exercise of common stock	\$ 8	06/30/2005	M	5,556	02/20/2004	02/20/2012	Common stock	5,556
Exercise of common	\$ 8	06/30/2005	M	6,946	12/31/2004	02/20/2012	Common stock	6,946

