

STEINBERG LEONARD

Form 4

July 05, 2005

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
STEINBERG LEONARD

2. Issuer Name **and** Ticker or Trading
Symbol

ALASKA COMMUNICATIONS
SYSTEMS GROUP INC [alsk]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)

06/30/2005

____ Director ____ 10% Owner
X Officer (give title ____ Other (specify
below) below)

VP General Counsel/Corp.Sec.

C/O ALASKA
COMMUNICATIONS SYSTEMS
GROUP, 600 TELEPHONE
AVENUE

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)

X Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

ANCHORAGE, AK 99503

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Options exercised, common stock \$.01 par	06/30/2005		M	1,000	A \$ 4.35	3,411.17	D
Options exercised, common stock \$.01	06/30/2005		M	8,333	A \$ 5.5	11,744.17	D

par

Options
exercised,
common
stock \$.01

06/30/2005

M

18,750

A

\$ 7

30,494.17

D

par

Options
exercised,
common
stock \$.01

06/30/2005

M

29,168

A

\$ 8

59,622.17

D

par

Common
stock, \$.01
par

06/30/2005

S

46,875

D

\$ 9.9

12,787.17

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Exercise of stock options	\$ 4.35	06/30/2005		M		1,000		02/01/2005	02/01/2014	Common stock	1,000
Exercise of stock options	\$ 5.5	06/30/2005		M		1,667		12/31/2000	11/20/2010	Common stock	1,667
Exercise of stock options	\$ 5.5	06/30/2005		M		834		02/08/2001	11/20/2010	Common stock	834
Exercise of stock options	\$ 5.5	06/30/2005		M		1,667		12/31/2001	11/20/2010	Common stock	1,667

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Exercise of stock options	\$ 5.5	06/30/2005	M	833	02/08/2002	11/20/2010	Common stock	833
Exercise of stock options	\$ 5.5	06/30/2005	M	833	02/08/2003	11/20/2010	Common stock	833
Exercise of stock options	\$ 5.5	06/30/2005	M	1,666	12/31/2003	11/20/2010	Common stock	1,666
Exercise of stock options	\$ 5.5	06/30/2005	M	833	02/08/2004	11/20/2010	Common stock	833
Exercise of stock options	\$ 7	06/30/2005	M	4,166	12/31/2001	01/04/2011	common stock	4,166
Exercise of stock options	\$ 7	06/30/2005	M	2,083	01/04/2002	01/04/2011	Common stock	2,083
Exercise of stock options	\$ 7	06/30/2005	M	2,083	01/04/2003	01/04/2011	Common stock	2,083
Exercise of stock options	\$ 7	06/30/2005	M	4,166	12/31/2003	01/04/2011	Common stock	4,166
Exercise of stock options	\$ 7	06/30/2005	M	2,084	12/31/2003	01/04/2011	Common stock	2,084
Exercise of stock options	\$ 7	06/30/2005	M	4,168	12/31/2004	01/04/2011	Common stock	4,168
Exercise of stock options	\$ 8	06/30/2005	M	5,556	02/20/2003	02/20/2012	Common stock	5,556
Exercise of common stock	\$ 8	06/30/2005	M	11,110	12/31/2003	02/20/2012	Common stock	11,110
Exercise of common stock	\$ 8	06/30/2005	M	5,556	02/20/2004	02/20/2012	Common stock	5,556
Exercise of common	\$ 8	06/30/2005	M	6,946	12/31/2004	02/20/2012	Common stock	6,946

stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
STEINBERG LEONARD C/O ALASKA COMMUNICATIONS SYSTEMS GROUP 600 TELEPHONE AVENUE ANCHORAGE, AK 99503			VP General Counsel/Corp.Sec.	

Signatures

Leonard A.
Steinberg

07/05/2005

__Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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