

KITS VAN HEYNINGEN ARENT
 Form 4
 February 17, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 KITS VAN HEYNINGEN ARENT

2. Issuer Name and Ticker or Trading Symbol
 KVH INDUSTRIES INC \DE\ [KVHI]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 ___ Director ___ 10% Owner
 ___ Officer (give title below) ___X___ Other (specify below)
 Chairman Emeritus

(Last) (First) (Middle)
 KVH INDUSTRIES, INC., 50
 ENTERPRISE CENTER
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 02/16/2010

MIDDLETOWN, RI 02842

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 ___X___ Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	
Common Stock	02/16/2010		J ⁽¹⁾	A	\$ 10.11	294,933	D
Common Stock	02/16/2010		S	D	\$ 13.1	294,303	D
Common Stock	02/16/2010		S	D	\$ 13.12	293,610	D
Common Stock	02/16/2010		S	D	\$ 12.94	293,010	D
Common Stock	02/16/2010		S	D	\$ 12.85	291,065	D

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Common Stock	02/16/2010		S	100	D	\$ 13.04	290,965	D	
Common Stock	02/16/2010		S	200	D	\$ 13.09	290,765	D	
Common Stock	02/16/2010		S	696	D	\$ 13.05	290,069	D	
Common Stock	02/16/2010		S	307	D	\$ 13.11	289,762	D	
Common Stock	02/16/2010		S	100	D	\$ 12.91	289,662	D	
Common Stock	02/16/2010		S	100	D	\$ 12.86	289,562	D	
Common Stock	02/16/2010		S	1,300	D	\$ 13	288,262	D	
Common Stock	02/16/2010		S	1,500	D	\$ 12.96	286,762	D	
Common Stock	02/16/2010		S	204	D	\$ 13.06	286,558	D	
Common Stock	02/16/2010		S	100	D	\$ 12.95	286,458	D	
Common Stock	02/16/2010		S	1,700	D	\$ 12.97	284,758	D	
Common Stock	02/16/2010		S	200	D	\$ 13.02	284,558	D	
Common Stock	02/16/2010		S	670	D	\$ 13.03	283,888	D	
Common Stock	02/16/2010		S	1,455	D	\$ 12.9	282,433	D	
Common Stock							245,788	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
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	Derivative Security		or Disposed of		Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	A or N of
			(D)	(Instr. 3, 4, and 5)								
Employee Stock Option-Right to Buy	\$ 10.11	02/16/2010	J ⁽²⁾	12,500	03/03/2009 ⁽³⁾	03/03/2010	Common Stock	1				

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
KITS VAN HEYNINGEN ARENT KVH INDUSTRIES, INC. 50 ENTERPRISE CENTER MIDDLETOWN, RI 02842				Chairman Emeritus

Signatures

Arent Kits van Heyningen
02/17/2010
**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired via the exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- (2) Exercise of an expiring stock option pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- (3) Date option became fully vested.
- (4) Total vested/unexercised options "beneficially owned".

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.