RYANAIR HOLDINGS PLC Form 6-K October 03, 2005

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of OCTOBER, 2005

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2 (b): 82-

Ryanair Holdings Plc

03rd October 2005

Re: Holding in Company

A Letter from The Capital Group Companies, Inc dated 29th September 2005 to Ryanair Holdings Plc, received by Ryanair Holdings Plc on the 30th September 2005.

Re: Section 67 Notification

Company Secretary:

Enclosed is a Section 67 Notification date 29 September 2005.

Please note that one or more of the affiliates of The Capital Group Companies, Inc. have made notifications to your company pursuant to Section 67 in the past. For a description of our organisation, please visit our Web site at www.capgroup.com.

For the purposes of this notification an outstanding share balance of 763,409,133 shares was used to calculate the percentages of holdings of the relevant share capital which determine the notifiable interest. We believe this outstanding share balance is current; however, if this number is not accurate, please contact us as soon as possible so we may make the necessary revisions to this notification.

Should you have questions or require additional information, please contact Greg Dickinson or Gina Martinez at (213) 815 -0489, or send a fax message to (213) 486-9698. Alternatively, you may contact us via E-mail at GRGroup@capgroup.com.

Vivian Tan

Compliance Associate

The Capital Group Companies, Inc.

A Letter from The Capital Group Companies, Inc. to Ryanair Holdings Plc dated 29 September 2005.

Notification of Interests
(Section 67 Companies Act 1990)

This Notice is given by The Capital Group Companies, Inc. on behalf of its affiliates, including Capital Research and Management Company, Capital International, Inc., Capital International S.A., Capital Guardian Trust Company, and Capital International Limited, pursuant to Section 67 of the Companies Act, 1990.

The interest in the relevant share capital indicated below arises by virtue of holdings attributed to the Companies (see Schedule A). These holdings form part of funds managed on behalf of investment clients by the Companies.

Share capital to which this relates:

Ordinary Shares (including ADRs)

Number of shares in which the Companies have a notifiable interest:

37,715,053 Ordinary Shares (including ADRs)

Name(s) of registered holder(s):

See Schedule B

As of 29 September 2005

Ryanair Holdings Plc

Schedule A

Schedule of holdings in Ryanair Holdings, Plc
As of 29 September 2005

Holdings by CG Management Companies and Funds: The CAPITAL GROUP COMPANIES INC ("cg") HOLDINGS	Number of Shares 37,715,053
Capital Guardian Trust Company Capital International Limited	8,840,200 8,076,030 2,105,295
Capital International S.A.	
Capital International Inc	1,261,088
Capital Research and Management Company	17,432,500

Schedule of holdings in Ryanair Holdings, Plc
As of 29 September 2005

CAPITAL GUARDIAN TRUST COMPANY

Registered Name Cede & Co	Local Shares 7,300,000
55 Water Street	
New York, NY 10006 Alibank Nominees Limited	1540,200
Allied Irish Bank, Stock Exchange and Trust Services	
Bank Centre, P.O.Box 512	
Dublin, Ballsbridge	
Total	8,840,200

Schedule B

CAPITAL INTERNATIONAL LIMITED

Registered Name Local Shares Bank of New York Nominees 880,495 Bank of New York 3 Birchin Lane London EC3V 9BY Northern Trust 484,533 C/O NorTrust Nominees Limited 155 Bishopsgate London EC2M 3XS Chase Nominees Limited 35,400 Woolgate House Coleman Street London EC2P 2HD 753,615 Cede & Co 55 Water Street New York NY 10006 90,230 Citibank London 11 Old Jewry London EC2R 8D8 75,134 Nortrust Nominees 155 Bishopsgate London EC2M 3XS

United Kingdom

Bank of Ireland 981,645 Intl Financial Services Centre 1 Harbourmaster Place Dublin 1 Allied Irish Bank Plc 1087,543 Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4 State Street London Ltd 10,000 12-13 Nicholas Ln London EC4N 78N MSS Nominees Limited 80,900 Midland Bank Plc Mariner House, Pepys London EC3N 4DA State Street Bank & Trust Co 478,286 Deutsche Bank AG 13,300 23 Great Winchester Street London EC2P 2AX United Kingdom Mellon Bank N.A. 9,800 London Branch London United Kingdom Alibank Nominees Limited 996,043 Allied Irish Bank, Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Dublin, Ballsbridge Citibank N.A. (Ireland) 117,400 IFSC House Custom House Quay Dublin 1 Bank of Ireland Nominees Limited 1,000,700 Bank of Ireland International Financial Services Center

1 Harbourmaster Place

Citibank N.A. (Dublin) 48,500

IFSC House

Custom House Quay

Dublin 1

AIB Custodial Nominees Limited 162,100
Clydesdale Bank PLC 486,346
JP Morgan Chase Bank 284,060
Total 8,076,030

Capital International S.A

Registered Name Local Shares Cede & Co 1,946,135

55 Water Street

New York NY 10006

Bank of Ireland 11,400

Intl Financial Services Centre

1 Harbourmaster Place

Dublin 1

Bank of Ireland Nominees Limited 118,100

Bank of Ireland

Intl Financial Services Centre

1 Harbourmaster Place

Citibank N.A (Dublin) 29,600

IFSC House

Custom House Quay

Dublin 1

Total 2,105,235

Capital International, Inc

Registered Name Local Shares
Cede & Co 1,101,000

55 Water Street

New York, NY 10006

Alibank Nominees Limited 160,088

Allied Irish Bank

Stock Exchange and Trust Services

Bank Centre P.O. Box 512

Dublin

Ballsbridge

Total 1,261,088

Schedule B

Capital Research and Management Company

Registered Name Local Shares Cede & Co 17,432,500

55 Water Street

New York, NY 10006

Total 17,432500

This announcement has been issued through the Companies Announcement Service of the Irish Stock Exchange.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 03 October 2005 (todays date)

By:___/s/ Howard Millar____

H Millar

Company Secretary & Finance Director