#### **BLAIR BRYCE**

Form 4

November 01, 2004

# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB APPROVAL OMB** 

Number:

3235-0287

Expires:

\_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

January 31, 2005

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Pa

(Print or Type Responses)				
1. Name and Address of Reporting Person * BLAIR BRYCE	2. Issuer Name and Ticker or Trading Symbol AVALONBAY COMMUNITIES INC [AVB]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) (First) (Middle)  C/O AVALONBAY  COMMUNITIES, INC., 2900  EISENHOWER AVE., SUITE 300	3. Date of Earliest Transaction (Month/Day/Year) 10/28/2004	X Director 10% Owner X Officer (give title Other (specify below) CEO and President		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)		

### ALEXANDRIA, VA 22314

(City)	(State)	(Zip) Tal	ole I - Non-	Derivative	Secui	rities Acquir	red, Disposed of,	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit onor Dispos (Instr. 3, 4	ed of (	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$.01 per share	10/28/2004		M	15,000	A	\$ 38.1524	164,199.089 (1)	D	
Common Stock, par value \$.01 per share	10/28/2004		S	3,000	D	\$ 65.9	161,199.089 (1)	D	
Common Stock, par	10/28/2004		S	3,000	D	\$ 65.8	158,199.089 (1)	D	

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value \$.01 per share									
Common Stock, par value \$.01 per share	10/28/2004	S		3,000	D	\$ 65.75	155,199.089 (1)	D	
Common Stock, par value \$.01 per share	10/28/2004	S		3,000	D	\$ 65.7	152,199.089 (1)	D	
Common Stock, par value \$.01 per share	10/28/2004	S		3,000	D	\$ 65.65	149,199.089 (1)	D	
Common Stock, par value \$.01 per share	10/28/2004	G	V	500	D	\$ 0	148,699.089	D	
Common Stock, par value \$.01 per share							535 (2)	I	Held in trust for minor children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Buy)

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securition (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Options (Right to	\$ 38.1524	10/28/2004		M		15,000	10/29/1998(3)	10/29/2007	Common Stock	15,0

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## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BLAIR BRYCE C/O AVALONBAY COMMUNITIES, INC. 2900 EISENHOWER AVE., SUITE 300 ALEXANDRIA, VA 22314

CEO and President

## **Signatures**

Edward M. Schulman, as attorney-in-fact under Power of Attorney dated January 1, 2000

11/01/2004

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

X

- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- (2) No transaction is reported. The amount of securities owned following the reported transaction is included for information purposes only.
- The options exercised were included in options granted on October 29, 1997 which became exercisable in three equal annual installments beginning on October 29, 1998.

The number of derivative securities beneficially owned following the reported transaction includes options with varying exercise prices (4) and vesting dates. Following the reported transaction, the reporting person continues to hold 31,649 options that expire on October 29, 2007 with an exercise price of \$38.1524.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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