## Edgar Filing: Fritch Herbert A - Form 4

Fritch Herber Form 4	t A										
December 01	, 2009										
FORM Check this	<b>4</b> UNITE		SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549					OMB APPROVAL OMB 3235-02 Number: January Expires: 20			
if no longe subject to Section 16 Form 4 or Form 5 obligation may contin <i>See</i> Instruct 1(b).	5. Filed p snue. Section 1	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							Estimated average burden hours per response 0.5		
(Print or Type R	esponses)										
Fritch Herbert A Symbol HealthS			Symbol	althSpring, Inc. [HS]				5. Relationship of Reporting Person(s) to Issuer			
								(Check all applicable)			
(Month/I			Date of Earliest Transaction Ionth/Day/Year) /30/2009			X Director 10% Owner X Officer (give title Other (specify below) below) Chairman & CEO					
(Street) 4. If Ame			4. If Ame	endment, Date Original			6. Individual or Joint/Group Filing(Check				
Filed(Mor FRANKLIN, TN 37067								Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution any	med n Date, if Day/Year)	3. Transactic Code (Instr. 8) Code V	4. Securi m(A) or Di (Instr. 3, Amount	(A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	11/30/2009			S <u>(1)</u>	4,400	D	\$ 16.18	3,788,890	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Addro	ess	Relationships							
, o contraction of the second	Director	10% Owner	Officer	Other					
Fritch Herbert A 9009 CAROTHERS PARKW SUITE 501 FRANKLIN, TN 37067	AY X		Chairman & CEO						
Signatures									
/s/ Herbert A. 1 Fritch	2/01/2009								
**Signature of	Date								

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sales reported in this Form 4 were effected pursuant to a 10b5-1 trading plan adopted by the reporting person on August 26, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person