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CITIZENS Form 4 August 14, 2	& NORTHERN (2013	CORP									
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL		
	UNITED	STATES				ND EX , D.C. 2(ANGE CO	OMMISSION	OMB Number:	3235-0287
if no lor subject Section Form 4 Form 5	to 16. or Filed put	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,								Expires: January 31, 2005 Estimated average burden hours per response 0.5	
obligatio may cor <i>See</i> Inst 1(b).	ntinue. Section 170			•		•	-	y Act of ct of 1940	1935 or Section	l	
(Print or Type	Responses)										
1. Name and a Updegraff							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 28 PROSSER HOLLOW ROAD			(NOI)(1/Dav/TCal)						_X_ Director 10% Owner _X_ Officer (give title Other (specify below) below) Chief Executive Officer		
	(Street)		4. If Ame Filed(Mo			ate Origina r)	al		6. Individual or Joi Applicable Line) _X_ Form filed by O	ne Reporting Per	son
COUDERS	SPORT, PA 1691:	5							Form filed by Me Person	ore than One Rej	porting
(City)	(State)	(Zip)	Tab	le I - N	on-I	Derivative	Secu	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date any (Month/Day/			Date, if Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) ny/Year) (Instr. 8)						5. Amount of Securities Beneficially Owned Following Reported	OwnershipInForm:BDirect (D)C	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock									67,675	D	
Common Stock	08/14/2013			J <u>(1)</u>	V	36	А	\$ 20.4709	3,047	Ι	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Updegraff Charles H. JR 28 PROSSER HOLLOW ROAD COUDERSPORT, PA 16915	Х		Chief Executive Officer				
Signatures							

Teri L. Mitchell for Charles H. Updegraff, Jr. under Power of Attorney dated 07/23/09	08/14/2013
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Exempt aquisition in ESOP via dividend reinvestment under D/R plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.