AVALONBAY COMMUNITIES INC

Form 4

November 05, 2014

November (13, 2014										
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB APPROVAL		
	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287	
Check this box				J					Expires:	January 31, 2005	
Section 16. Form 4 or			F CHANGES IN BENEFICIAL OWI SECURITIES					NERSHIP OF	Estimated average burden hours per response 0		
Form 5 obligation may con See Instruction 1(b).	ons Section 17((a) of the	Public U		ding Co	mpar	y Act of	e Act of 1934, 1935 or Section 0	1		
(Print or Type	Responses)										
Wilson Stephen W Symbo. AVAI			Symbol					5. Relationship of Reporting Person(s) to Issuer			
			AVALONBAY COMMUNITIES INC [AVB]					(Check all applicable)			
(Last)				of Earliest T Day/Year)	ransactior	1		Director _X_ Officer (give below)		Owner er (specify	
	TTIES, LSTON TOWER	, 671 N.	11/03/2	2014					ve Vice Presid	ent	
GLEBE RO	(Street)		4 If Am	andmant D	ata Omiaim	al.		6 Individual on Io	int/Cuova Eilin	og(Charle	
A DA ANGE	, ,			endment, D nth/Day/Yea	_	aı		6. Individual or Jos Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Pe	erson	
ARLINGTO	ON, VA 22203							Person	01 0 11111 011 0 111	pormg	
(City)	(State)	(Zip)	Tab	le I - Non-	Derivativ	e Secu	rities Acq	uired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	nsaction Date 2A. Deemed h/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common				Code V	Amount		Price	(Instr. 3 and 4)			
Stock, par value \$.01 per share	11/03/2014			M	8,425	A	\$ 143.34	28,203.1716 (1)	D		
Common Stock, par value \$.01 per share	11/03/2014			S	8,425	D	\$ 157.55 (2)	19,778.1716 (1)	D		
	11/04/2014			M	863	A			D		

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Common	\$	20,641.1716
Stock, par	115.83	<u>(1)</u>
value \$.01		
per share		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shares
Employee Stock Options (Right to Buy)	\$ 143.34	11/03/2014		M	8,425	02/08/2008(3)	02/08/2017	Common Stock	8,425
Employee Stock Options (Right to Buy)	\$ 115.83	11/04/2014		M	863	02/16/2012(4)	02/16/2021	Common Stock	863

Reporting Owners

Reporting Owner Name / Address	Relationships					
stepotong o mor rune, radicos	Director	10% Owner	Officer	Other		
Wilson Stephen W						
C/O AVALONBAY COMMUNITIES, INC.			Executive Vice President			
BALLSTON TOWER, 671 N. GLEBE ROAD			Executive Vice President			
ARLINGTON, VA 22203						

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Signatures

Catherine T. White, as attorney-in-fact under Power of Attorney dated February 17, 2010.

11/05/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- This transaction was executed in multiple trades at prices ranging from \$157.33 to \$157.76. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (3) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 08, 2007 which became exercisable in three equal installments beginning on February 08, 2008.
- (4) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 16, 2011 which became exercisable in three equal installments beginning on February 16, 2012.
- (5) Following the reported transaction, the reporting person holds 6,817 options to purchase the issuer's common stock granted on various dates and with varying exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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