AVALONBAY COMMUNITIES INC

Form 4

Stock, par

value \$.01 per

December 01, 2015

December	01, 2013								
FOR	M 4	STATES SEC		A NID EX	ZOII	ANCE CO		OMB APF	PROVAL
	UNITED						DMINI15SION	OMB Number:	3235-0287
if no lo subject Section Form 4 Form 5 obligati may co	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Washington, D.C. 20549 Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								January 31, 2005 erage per 0.5
(Print or Type	e Responses)								
	Address of Reporting ON TIMOTHY J	Symb AVA	suer Name a ol LONBAY [AVB]			I	5. Relationship of I ssuer (Check	Reporting Person	n(s) to
C/O AVAL COMMUN INC., BAI GLEBE R	LONBAY NITIES, LLSTON TOWER	(Mont 11/2	e of Earliest h/Day/Year) 7/2015		n	_	_X Director _X Officer (give t selow) Chair	10% C itle Other below) man & CEO	owner (specify
ARLINGT	(Street)		amendment, Month/Day/Y	_	nal	- -	5. Individual or Join Applicable Line) X_ Form filed by Or The Form filed by Moderson	ne Reporting Perso	on
(City)	(State)	(Zip) T	able I - Nor	n-Derivativ	e Secı	ırities Acqui	red, Disposed of,	or Beneficially	Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	orDisposed (Instr. 3,	of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$.01 per share	11/27/2015		M	25,000	A	\$ 143.34	145,547.223′ (1)	⁷ D	
Common	11/27/2015		M	25,000	A	\$ 86.4	170,547.223	7 D	

(1)

Edgar Filing: AVALONBAY COMMUNITIES INC - Form 4

share

Common Stock, par value \$.01 per share	11/27/2015	S	39,835	D	\$ 182.1759 (2)	130,712.2237 (1)	D
Common Stock, par value \$.01 per share	11/27/2015	S	10,165	D	\$ 183.0518 (3)	120,547.2237 (1)	D
Common Stock, par value \$.01 per share	11/27/2015	M	696	A	\$ 143.34	121,243.2237 (1)	D
Common Stock, par value \$.01 per share	11/27/2015	F	548	D	\$ 182.35	120,695.2237 (1)	D
Common Stock, par value \$.01 per share	11/27/2015	M	1,156	A	\$ 86.4	121,851.2237	D
Common Stock, par value \$.01 per share	11/27/2015	F	548	D	\$ 182.35	121,303.2237 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onDerivative	Expiration Date	Underlying Securitie
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		
	Derivative				or Disposed of		
	Security				(D)		

(Instr. 3, 4,

Edgar Filing: AVALONBAY COMMUNITIES INC - Form 4

	and 5)									
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Options (Right to Buy)	\$ 143.34	11/27/2015	M			25,000	02/08/2008(4)	02/08/2017	Common Stock	25,0
Employee Stock Options (Right to Buy)	\$ 86.4	11/27/2015	M			25,000	02/11/2009(5)	02/11/2018	Common Stock	25,0
Employee Stock Options (Right to Buy)	\$ 143.34	11/27/2015	M			696	02/08/2008(4)	02/08/2017	Common Stock	690
Employee Stock Options (Right to Buy)	\$ 86.4	11/27/2015	M			1,156	02/11/2009(5)	02/11/2018	Common Stock	1,15

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
NAUGHTON TIMOTHY J C/O AVALONBAY COMMUNITIES, INC. BALLSTON TOWER, 671 N. GLEBE ROAD ARLINGTON VA 22203	X		Chairman & CEO				

Signatures

Catherine T. White, as attorney-in-fact under Power of Attorney dated January 29, 2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.

(2)

Reporting Owners 3

Edgar Filing: AVALONBAY COMMUNITIES INC - Form 4

This transaction was executed in multiple trades at prices ranging from \$181.69 to \$182.63. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

- This transaction was executed in multiple trades at prices ranging from \$182.78 to \$183.32. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.
- (4) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 08, 2007, which become exercisable in three annual installments beginning on February 08, 2008.
- (5) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 11, 2008, which become exercisable in three annual installments beginning on February 11, 2009.
- (6) Following the reported transaction, the reporting person holds a total of 151,148 options to purchase the issuer's common stock granted on various dates and with varying exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.