SPOERRY ROBERT F

Form 4

share

11/22/2005

November 23, 2005

November 2	25, 2005										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMMISSION	OMB APPROVAL			
Check th				shington	Number:	3235-0287					
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Expires: Estimated avburden hour response			
(Print or Type	Responses)										
	Address of Reporting ROBERT F		Symbol METTI	er Name and	EDO			5. Relationship of I Issuer (Check	Reporting Person		
(Last)	(First) (NATION of Earliest To		[1V1]	_	_X_ Director	10%	Owner	
				n/Day/Year)				_X_ Officer (give title Other (specify below) Chairman, President and CEO			
	(Street)			endment, Dannth/Day/Year		1		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by Mo	ne Reporting Per	son	
SWITZERI	LAND							Person	ore than One Rep	orting	
(City)	(State)	(Zip)	Tab	le I - Non-I	Derivative	Secur	ities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired (A Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			(D)	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.01 per share	11/22/2005			Code V $M^{(1)}$	Amount 10,000	(D)	Price \$ 7.95	(Instr. 3 and 4) 356,826	D		
Common Stock, par value \$0.01 per	11/22/2005			S <u>(1)</u>	10,000	D	\$ 58.0943	346,826	D		

 $\mathbf{M}_{\underline{(1)}}$

15,000 A \$ 7.95

361,826

D

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Common Stock, par value \$0.01 per share								
Common Stock, par value \$0.01 per share	11/22/2005	S <u>(1)</u>	15,000	D	\$ 58.1721	346,826	D	
Common Stock, par value \$0.01 per share	11/22/2005	M <u>(1)</u>	25,000	A	\$ 7.95	371,826	D	
Common Stock, par value \$0.01 per share	11/22/2005	S <u>(1)</u>	25,000	D	\$ 58.284	346,826	D	
Common Stock, par value \$0.01 per share						17,778 <u>(2)</u>	I	Held by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

 $\label{thm:convertible} \textbf{Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned} \\ \textit{(e.g., puts, calls, warrants, options, convertible securities)}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of conDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Option	\$ 7.95	11/22/2005		M		10,000	10/15/1996 <u>(3)</u>	10/15/2006	Common Stock, par	10,000

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	ight to uy)							value \$0.01 per share	
O (r	tock ption ight to uy)	\$ 7.95	11/22/2005	M	15,000	10/15/1996(3)	10/15/2006	Common Stock, par value \$0.01 per share	15,000
O (r	tock ption ight to uy)	\$ 7.95	11/22/2005	M	25,000	10/15/1996(3)	10/15/2006	Common Stock, par value \$0.01 per share	25,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SPOERRY ROBERT F IM LANGACHER CH-8606 GREIFENSEE SWITZERLAND	X		Chairman, President and CEO				

Signatures

James Bellerjeau, Attorney in Fact 11/23/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on November 3, 2005.
- (2) The reporting person disclaims beneficial ownership of these securities, and this report should not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.
- (3) The options vested annually in five equal installments beginning on October 15, 1996.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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