Cederdahl James Bradley Form 4 August 10, 2006

## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287 January 31,

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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**OMB APPROVAL** 

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \* 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Cederdahl James Bradley Issuer Symbol WASHINGTON REAL ESTATE (Check all applicable) INVESTMENT TRUST [WRE] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner \_X\_\_ Officer (give title \_ \_ Other (specify (Month/Day/Year) below) 6110 EXECUTIVE 08/08/2006 Managing Dir.- Prop. Mngmt. **BOULEVARD, SUITE 800** (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) \_X\_ Form filed by One Reporting Person Form filed by More than One Reporting ROCKVILLE, MD 20852

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	08/08/2006		M	95	A	\$ 29.55	787.84	D	
Common Stock	08/08/2006		M	3,861	A	\$ 21.34	4,648.84	D	
Common Stock	08/10/2006		S	1,800	D	\$ 38.61	2,848.84	D	
Common Stock	08/10/2006		S	502	D	\$ 38.69	2,346.84	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date	7. 8. Price of	9. Number of	10.
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orNumber	Exercisable	TitlDerivative	Derivative	Ownership
Security	or Exercise		any	Code	of	and	andSecurity	Securities	Form of
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e Expiration	Am@dustr. 5)	Beneficially	Derivative
	Derivative				Securities	Date	of	Owned	Security:
	Security				Acquired	(Month/Day/Y	elamiderlying	Following	Direct (D)
	•				(A) or	•	Securities	Reported	or Indirect
					Disposed		(Instr.	Transaction(s)	(I)
					of (D)		3	(Instr. 4)	(Instr. 4)
					(Instr. 3,		and		
					4 and 5)		4)		

Date

Code V (A) (D) Exercisable