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Form 4	TOLEDO INTE	RNATIO	NAL INC	/							
August 30, 2016 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	PPROVAL 3235-0287 January 31,		
if no long subject to Section 1 Form 4 of Form 5 obligation may cont <i>See</i> Instru 1(b).	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940						Expires. 2005 Estimated average burden hours per response 0.5				
(Print or Type R	Responses)										
1. Name and Address of Reporting Person <u>*</u> Caratsch Thomas			2. Issuer Name and Ticker or Trading Symbol METTLER TOLEDO INTERNATIONAL INC/ [MTD]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 08/26/2016					Director 10% Owner X_ Officer (give title Other (specify below) Head of Laboratory			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City)	(State)	(Zip)	Tabl	a I Non D	orivotivo	Soone	itios A ca	Person uired, Disposed of	f or Bonoficial	ly Ownod	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year) Execution any	med	3. Transactic Code (Instr. 8) Code V	4. Securi n(A) or Di (Instr. 3,	ties A spose	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of	
Common Stock, par value \$0.01 per share	08/26/2016			M	700	A	\$ 90.76	1,470	D		
Common Stock, par value \$0.01 per share	08/26/2016			S	700	D	\$ 412.5	770	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of 3 Underlying Securities (Instr. 3 and 4)		8 I S ()
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 90.76	08/26/2016		М	700	10/28/2010 <u>(1)</u>	10/28/2019	Common Stock, par value \$0.01 per share	700	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Caratsch Thomas IM LANGACHER 44 CH-8606 GREIFENSEE SWITZERLAND			Head of Laboratory				
Signatures							
James Bellerieau Attorney							

in Fact 08/30/2016

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The options vested annually in five equal installments beginning on the first anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.