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REGIS COR	RP										
Form 4											
November 1	4, 2016										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION										OMB APPROVAL	
	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							COMMISSION	OMB Number:	3235-0287	
Section 16. Form 4 or									Expires:	January 31	
				GES IN BENEFICIAL OWNERSHIP OF SECURITIES					Expires: 200 Estimated average burden hours per response 0.		
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940											
(Print or Type]	Responses)										
LAIN JIM BRIAN Symbol			r Name and Ticker or Trading CORP [RGS]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)	(Middle)	3 Date of	Earliest Tr	ansaction			(Check	k all applicable	:)	
7201 METRO BOULEVARD 11/11/2			Day/Year)				Director 10% Owner X Officer (give title Other (specify below) below) EVP & Chief Operating Officer				
			endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
MINNEAP	OLIS, MN 5543	9						Form filed by M Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if		on Date, if	(A)				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
~				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	11/11/2016			F	306	D	\$ 13.73	93,464	D		
Common Stock	11/14/2016			S	257	D	\$ 14.34	93,207	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
LAIN JIM BRIAN 7201 METRO BOULEVARD MINNEAPOLIS, MN 55439			EVP & Chief Operating Officer				
Signatures							
/s/ Jen Randolph Reise, by power of attorney	f	11/14/2016					
<pre>**Signature of Reporting Person</pre>		Date					
Explanation of Resp	oneae						

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.