CANARC RESOURCE CORP Form 6-K October 23, 2018

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Report of Foreign Issuer

Pursuant to rule 13a-16 or 15d-16 of The Securities Exchange Act of 1934

CANARC RESOURCE CORP.

#810 – 625 Howe Street, Vancouver, British Columbia, V6C 2T6

### **EXHIBIT LIST**

99.1 News Release - Canarc Appoints New CEO

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Canarc Resource Corp. (Registrant)

Date: October 23, 2018 /s/ Scott Eldridge

Scott Eldridge Chief Executive Officer