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EASTERN Form 4												
March 11, 2	ЛЛ										APPROVAL	
	UNITED	STATES				AND EX , D.C. 2			OMMISSION	OMB Number:	3235-0287	
Check th if no lon subject to Section Form 4 Form 5 obligation may con See Instri 1(b).	rsuant to So (a) of the P	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Sectior of the Investment Company Act of 1940								Expires: January 31, 2005 Estimated average burden hours per response 0.5		
(Print or Type	Responses)											
1. Name and A MCMILLE	;	2. Issuer Name and Ticker or Trading Symbol EASTERN CO [EML]						5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Middle)	3. Date of Earliest Transaction (Check						k all applicable)			
112 BRIDGE STREET			(Month/Day/Year) 03/07/2008						X_ Director10% Owner Officer (give titleOther (specify below)below)			
(Street) NAUGATUCK, CT 06770			4. If Amendment, Date Original Filed(Month/Day/Year)						 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
		(7!)							Person			
(City)	(State)	(Zip)		ole I - N	on-			_	uired, Disposed o		-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution I any (Month/Day	Date, if	Code (Instr.	8)	4. Securi on(A) or Di (Instr. 3,	(A) or	d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (1)	03/07/2008			S	V	Amount 1,000	(D) D	Price \$ 14.982	193,955	D		
Common Stock (2)	03/10/2008			S		1,000	D	\$ 15.16	192,955	D		
Common Stock									7,300	I	Josephine McMillen Irrevocable Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-qualified stock options (3)	\$ 9.33	09/09/1998		А	0	09/09/1998	10/09/2008	Common Stock	22,500
Non-qualified stock options (4)	\$ 10.17	12/15/1999		А	0	12/15/1999	01/15/2010	Common Stock	18,750

Reporting Owners

Reporting Owner Name / Address		Relationsh				
	Director	10% Owner	Officer	Other		
MCMILLEN RUSSELL G 112 BRIDGE STREET NAUGATUCK, CT 06770	Х					
Signatures						
Russell G. McMillen, by Theresa P. Dews his						

attorney-in-fact

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v). *
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) March 7, 2008, 1,000 shares sold on the open market for \$14.982 per share.
- (2) March 10, 2008, 1,000 shares sold on the open market for \$15.16 per share.
- The original option on 9/9/1998 was for 10,000 shares at \$21.00 per share. As a result of a 3-for-2 stock split effective 5/19/1999 and a (3)3-for-2 stock split effective 10/18/2006, this option is now 22,500 shares at \$9.33 per share.

(4)

Date

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The original 12/15/1999 option was for 12,500 shares at \$15.25 per share. As a result of a 3-for-2 stock split effective 10/18/2006 this option is now 18,750 shares at \$10.17 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.