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DEMPSEY Form 4 September	STANLEY 14. 2010												
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSIO								OMB APPROVAL					
	STATES	SECUI Wa	OMB Number:	3235-0287									
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Section 16. Form 4 or Section 17(a) of the Public 30(h) of the				NGES SEC 16(a) c Jtility 1	IN CUI of th Hol	BENEF RITIES he Securi lding Cor	Expires:January 31, 2005Estimated average burden hours per response0.5						
(Print or Type	Responses)												
DEMPSEY STANLEY Symbol			Symbol	uer Name and Ticker or Trading 1 AL GOLD INC [RGLD]					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) ((Chec						ck all applical	x all applicable)				
(Month/			(Month/ 09/10/2	n/Day/Year) /2010					X_ Director 10% Owner Officer (give title Other (specify below) below)				
DENVER,	(Street) CO 80202-1132		4. If Am Filed(Mo			Date Origina ar)	ıl		6. Individual or J Applicable Line) _X_ Form filed by Form filed by Person	One Reporting	Person		
(City)	(State)	(Zip)	Tab	ole I - N	on-	Derivative	Secu	rities Acc	uired, Disposed o	of, or Benefic	ially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	unsaction Date 2A. Deemed				4. Securit on(A) or Dis (Instr. 3, 4)	ies Ac sposed	quired of (D) 5) Price	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	09/10/2010			S <u>(1)</u>		12,000	D	\$ 48.32 (2)	195,988 <u>(3)</u>	D			
Common Stock	09/14/2010			S <u>(1)</u>		6,000	D	\$ 49.85 (4)	20,293	I	Spouse		
Common Stock									5,600	I	Stanley Dempsey, Jr. Irrevocable Trust		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	ate	7. Title Amour Underl Securit (Instr. 2	nt of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
DEMPSEY STANLEY 1660 WYNKOOP ST STE 1000 DENVER, CO 80202-1132	X							
Signatures								

/s/Stanley Dempsey, 09/14/2010 KG for

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sale made pursuant to a 10b5-1 trading plan.
- (2) The range of the weighted average sale price is \$48.06 to \$48.55.
- (3) Includes 1,000 shares of restricted stock that have not yet vested.
- (4) The weighted average sale price is: 4,690 shares were sold at \$49.18 to \$50.16 and 1,310 shares were sold at \$50.18 to \$50.38.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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