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FIRST TRUST STRATEGIC HIGH INCOME FUND Form DEFA14A April 04, 2006

[GRAPHIC OMITTED] PROXY FACT SHEET

MEETING DATE: April 17th

MAIL DATE: March 23rd RECORD DATE: February 13th

ANNUAL MEETING OF SHAREHOLDERS

INBOUND LINE: 1-800-761-6707 FUND'S NUMBER: 1-800-988-5891

FIRST TRUST STRATEGIC HIGH INCOME FUND

SPECIAL NOTE: THE ABOVE FUND IS MAILING AS PART OF JOINT PROXY STATEMENT WHICH ALSO INCLUDES THE ANNUAL MEETINGS OF THE FOLLOWING FUNDS:

First Trust Value Line 100 Fund
Energy Income and Growth Fund
First Trust/Fiduciary Asset Management Covered Call Fund
First Trust/Aberdeen Global Opportunity Income Fund
First Trust/FIDAC Mortgage Income Fund

All 6 funds are voting on the election of trustees, but ONLY STRATEGIC HIGH INCOME FUND IS VOTING ON A NEW SUB-ADVISORY AGREEMENT.

Our inbound line is in the proxy statement, but we only have the data in our system for Strategic High Income Fund. If a shareholder calls in to vote on the other funds, please direct him or her to the voting instructions found on their proxy card.

WHAT IS THIS REGARDING?

Joint annual meetings of the above closed-end funds have been scheduled for April 17th, 2006. In addition to the ELECTION OF TRUSTEES OF EACH FUND, STRATEGIC HIGH INCOME FUND IS VOTING ON A PROPOSED NEW SUB-ADVISORY AGREEMENT.

WHO ARE THE TRUSTEES PROPOSED FOR ELECTION?

The following 4 trustees are proposed for election for each of the funds: James A. Bowen, Richard E. Erickson, Thomas R. Kadlec and Niel B. Nielson

WHY IS A NEW SUB-ADVISORY AGREEMENT BEING PROPOSED FOR STRATEGIC HIGH INCOME FUND?

The Fund's sub-advisor, Hilliard Lyons Asset Management entered into an agreement with Valhalla, LLC. which provided for, among other things, the rights with respect to the sub-advisory agreement for Strategic High Income Fund. Therefore, per SEC rules, shareholders must approve the board's proposed new sub-advisory agreement with Valhalla.

IF APPROVED, WHAT WILL CHANGE?

THERE WILL BE NO CHANGE IN THE FEES PAID BY FIRST TRUST TO THE NEW SUB-ADVISOR, VALLHALA.

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FIRST TRUST FACT SHEET - CONTINUED

In addition, the trustees have considered the nature, extent and quality of services to be provided by Valhalla and noted that THE PORTFOLIO MANAGERS CURRENTLY MANAGING THE FUND'S PORTFOLIO WOULD REMAIN AS THE FUND'S PORTFOLIO MANAGERS AFTER THE PROPOSED TRANSACTION. The portfolio managers are: Kenneth L. Mathis, Justin L. Ventura and Raymond P. Mercherle, III. They are all currently employees of both Valhalla and Hilliard Lyons Asset Management

HOW DOES THE BOARD RECOMMEND THAT I VOTE?

After careful consideration, THE BOARD OF TRUSTEES RECOMMENDS A VOTE FOR BOTH PROPOSALS.

TICKER SYMBOLS

FUND NAME	TICKER SYMBOL
First Trust Strategic High Income Fund	FHI
First Trust/FIDAC Mortgage Income Fund	FMY
First Trust/Aberdeen Global Opportunity Income Fund	FAM
First Trust/Fiduciary Asset Management Covered Call Fund	FFA
Energy Income And Growth Fund	FEN
First Trust Value Line(R) 100 Fund	FVL

The following table indicates which shareholders are solicited with respect to each proposal:

	PROPOSAL 1: ELECTION OF	PROPOSAL 2: APPROVAL OF NEW SUB-ADVISORY
FUND	TRUSTEES	AGREEMENT
First Trust Value Line(R) 100 Fund	X	
Energy Income and Growth Fund	X	
First Trust/Fiduciary Asset Management		
Covered Call Fund	X	
First Trust/Aberdeen Global Opportunity		
Income Fund	X	
First Trust/FIDAC Mortgage Income Fund	X	
First Trust Strategic High Income Fund	X	X

PROXY SOLICITATION SCRIPT

THE ALTMAN GROUP [LOGO OMITTED]

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