MONRO MUFFLER BRAKE INC

Form 4

August 29, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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if no longer subject to Section 16. Form 4 or Form 5

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Lamb John C Issuer Symbol MONRO MUFFLER BRAKE INC (Check all applicable) [MNRO] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner _X__ Officer (give title Other (specify (Month/Day/Year) below) 200 HOLLEDER PARKWAY 08/25/2016 Divisional Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

ROCHESTER, NY 14615

| (City) | (State) (Zi | Table 1 | I - Non-De | rivative S | ecurit | ies Acquired | d, Disposed of, o | r Beneficially | Owned |
|--------------------------------------|---|---|-----------------|-------------------------|-------------------------------|---------------|--|--|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | Code (Instr. 8) | owr Dispo (Instr. 3, | esed of 4 and (A) or | 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| HOLDINGS | | | Code V | Amount | (D) | Price | 500 | D | |
| Common Stock | 08/25/2016 | 08/25/2016 | M | 650 | A | \$ 30.63 | 1,150 | D | |
| Common Stock | 08/25/2016 | 08/25/2016 | S | 650 | D | \$ 56.2248 | 500 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactic Code (Instr. 8) | Derivative | Expiration Date (Month/Day/Year) | | Underlying Securities | | 8. P Der Sec (Ins |
|---|---|---|---|--|------------|-------------------------------------|--------------------|-----------------------|--|----------------------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |
| Option (Right to Buy) | \$ 30.63 | 08/25/2016 | 08/25/2016 | M | 500 | 05/11/2012 | 05/10/2017 | Common Stock | 500 | \$ 3 |
| Option (Right to Buy) | \$ 30.63 | 08/25/2016 | 08/25/2016 | M | 150 | 05/11/2013 | 05/10/2017 | Common Stock | 150 | \$ 3 |

Reporting Owners

Director 10% Owner Officer Other

Lamb John C 200 HOLLEDER PARKWAY ROCHESTER, NY 14615

Divisional Vice President

Signatures

/s/ John C. 08/29/2016 Lamb

**Signature of
Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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