Sievert Frederick James Form 3 February 04, 2010

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number:

3235-0104

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and A Person * Sievert F			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol REINSURANCE GROUP OF AMERICA INC [RGA]					
(Last)	(First)	(Middle)	01/28/2010	4. Relationship of Reporting Person(s) to Issuer (Check all applicable)		ŗ	5. If Amendment, Date Origina Filed(Month/Day/Year)		
1370 TIMBI PARKWAY		MANOR				Thed(months buy, Teal)			
CHESTERF	(Street)	⁄⁄ОÂ 63017		_X Directo Officer (give title belo	Othe		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One		
(City)	(State)	(Zip)	Table I - 1	Non-Derivat	tive Securit	ies Be	Reporting Person neficially Owned		
1.Title of Security (Instr. 4)			2. Amount of Beneficially (Instr. 4)	ally Owned Ownership Owner			*		
Common Sto	ock		5,000		D	Â			
Reminder: Repo	•		ch class of securities benefic	cially S	EC 1473 (7-02	.)			
	Perso infor requi	ons who responded	oond to the collection of nined in this form are no nd unless the form disp MB control number.	t					

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of	5. Ownership Form of Derivative	6. Nature of Indirect Beneficial Ownership (Instr. 5)
		(111841.4)			
		Title	Derivative Security	Security: Direct (D)	

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Date Expiration Amount or or Indirect Exercisable Date Number of (I) Shares (Instr. 5)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Sievert Frederick James

1370 TIMBERLAKE MANOR PARKWAY X CHESTERFIELD, MOÂ 63017

Signatures

William L. Hutton, by power of attorney 02/03/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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