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Silk Mark J												
Form 4												
March 05, 20	1									PPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									OMB Number:	3235-0287		
Check thi if no long	or								Expires:	January 31,		
subject to Section 10 Form 4 or		SECUR	ITIES		NERSHIP OF	Estimated burden hou response	urs per					
Form 5 obligation may conti <i>See</i> Instru 1(b).	^{is} Section 1	7(a) of the		ility Hold	ling Com	ipany	Act o	ge Act of 1934, of 1935 or Sectic 40	on			
(Print or Type R	lesponses)											
1. Name and Address of Reporting Person <u>*</u> Silk Mark J			Symbol	2. Issuer Name and Ticker or Trading Symbol SIFCO INDUSTRIES INC [SIF]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of	Earliest Tr	ск ап аррпсаві	k all applicable)						
4946 AZUS	A CANYON I	ROAD	(Month/Da 03/03/20	-				Director Officer (give below)	e title $\begin{array}{c} \underline{X} \\ \underline{X} \\ 0 \\ below \end{array}$	% Owner er (specify		
		4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person X_ Form filed by More than One Reporting 						
IRWINDAL	E, CA 91706							Person	More than One R	eporting		
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned		
(Instr. 3) any			eemed tion Date, if h/Day/Year)	on Date, if TransactionAcquired (A) or Code Disposed of (D) Day/Year) (Instr. 8) (Instr. 3, 4 and 5) (A)))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock	03/03/2009			Р	1,700	А	\$ 4.9	647,200	Ι	By Trust		
Common Stock	03/04/2009			Р	400	A	\$ 4.9	647,600	Ι	By Trust		
Common Stock	03/04/2009			Р	1,700	A	\$ 5	649,300	Ι	By Trust		
Common Stock	03/05/2009			Р	700	А	\$ 5.1	650,000	I	By Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
			Code V	' (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships							
		Director	10% Owner	Officer	Other				
Silk Mark J 4946 AZUSA CANY IRWINDALE, CA 9			Х						
Silk Sarah C 4946 AZUSA CANY IRWINDALE, CA 9			Х						
Signatures									
/s/ Sarah Silk	03/05/	/2009)9						
<u>**</u> Signature of Reporting Person	Dat	e							
/s/ Mark Silk	03/05/	/2009							
**Signature of	Dat	e							

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). **

Remarks:

Mark J. Silk and Sarah C. Silk are filing this Form 4 to report changes in their indirect ownership of SIFCO Industries, Inc. co Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners

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Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.