SCHARLAU CHARLES E

Form 4

December 13, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Estimated average

response...

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Washington, D.C. 20549

SECURITIES

(Print or Type Responses)

1(b).

Common

Stock

11/18/2010

			2. Issuer Name and Ticker or Trading Symbol SOUTHWESTERN ENERGY CO [SWN]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	(First) (2350 N. SAM PARKWAY EA	Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/09/2010					_X_ Director 10% Owner Officer (give title below) Other (specify below)				
(Street) 4. If Ame Filed(Mor						te Original			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transa Code (Instr.	8)	(A) or		of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	11/18/2010			J(1)		89,082		\$ 0	78,532	I	by Charles Scharlau GRAT; Charles Scharlau, Trustee	
Common Stock	11/18/2010			J <u>(1)</u>	V	89,082	A	\$0	559,256	D		

 $J^{(2)}$ V 89,082 D \$0 470,174

D

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Common Stock	11/18/2010	J(2)	V	89,082	A	\$ 0	89,082	I	by Charles Scharlau 2010 GRAT; Charles Scharlau, Trustee
Common Stock	12/06/2010	G(3)	V	42,000	D	\$ 0	428,174	D	
Common Stock	12/09/2010(4)	A		2,350	A	\$ 0	430,524	D	
Common Stock							523,794	I	by Family LLC
Common Stock							8,000	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 36.22	12/09/2010(4)		A	4,550	12/09/2011(5)	12/09/2017	Common Stock	4,550
Stock Options (Right to Buy)	\$ 17.97					12/13/2006	12/13/2012	Common Stock	5,500
Stock Options	\$ 20.335					12/11/2007	12/11/2013	Common Stock	6,000

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(Right to Buy)					
Stock Options (Right to Buy)	\$ 27.18	12/13/2008	12/13/2014	Common Stock	6,000
Stock Options (Right to Buy)	\$ 30.68	12/11/2009	12/11/2015	Common Stock	5,270
Stock Options (Right to	\$ 40.73	12/10/2010	12/10/2016	Common Stock	3,960

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

SCHARLAU CHARLES E
SUITE 125
2350 N. SAM HOUSTON PARKWAY EAST
HOUSTON, TX 77032

Signatures

/s/ Melissa D. McCarty, Attorney-in-fact for Mr. Scharlau

12/13/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On November 18, 2010, 89,082 shares of stock were transferred out of the Charles Scharlau Grantor Retained Annuity Trust ("GRAT") into the Charles E. Scharlau common stock account.
- On November 18, 2010, 89,082 shares of stock were transferred out of the Charles Scharlau common stock account and into the Charles (2) Scharlau 2010 Retained Annuity Trust ("Charles Scharlau 2010 GRAT"). The reporting person will remain the Trustee for the GRAT account, and will continue to have indirect beneficial ownership of the stock.
- (3) On December 6, 2010, the reporting person gifted 42,000 shares of Southwestern Energy Company stock to the University of Arkansas Foundation.
- (4) Restricted stock and nonqualified stock options granted in consideration of services as a director.
- Nonqualified stock options become exercisable in three equal installments beginning on the first anniversary of the grant date specified in Column 3 or immediately upon death, disability, retirement at age 65, or a change in control.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3