CASTLIGHT HEALTH, INC.

Form 4

February 26, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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January 31, 2005

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response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Chaloemtiarana Jennifer

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

Symbol

CASTLIGHT HEALTH, INC.

(Check all applicable)

General Counsel

[CSLT]

02/24/2016

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Director 10% Owner X_ Officer (give title Other (specify below)

C/O CASTLIGHT HEALTH. INC., TWO RINCON CTR, 121

SPEAR STREET, STE. 3

4. If Amendment, Date Original

(Instr. 8)

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

(Instr. 4)

SAN FRANCISCO, CA 94105

(City) (State) (Zip)

(Street)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership

(Instr. 4)

(A)

Reported Transaction(s)

(Instr. 3, 4 and 5)

(Instr. 3 and 4) Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative State Code Acquired (A (Instr. 8) Disposed of (Instr. 3, 4, 5)		Securities Expiration D (A) or (Month/Day/ (D)		ate	7. Title and Am Underlying Sec (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	A N Sl
Employee Stock Option (right to buy)	\$ 11.93	02/24/2016		D		225,000	<u>(1)</u>	10/14/2024	Common Stock	2
Employee Stock Option (right to	\$ 2.99	02/24/2016		A	225,000		<u>(3)</u>	02/23/2026	Common Stock	2

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Function	Director	10% Owner	Officer	Other			
Chaloemtiarana Jennifer							
C/O CASTLIGHT HEALTH, INC.			General				
TWO RINCON CTR, 121 SPEAR STREET, STE. 3			Counsel				
SAN FRANCISCO, CA 94105							

Signatures

Person

/s/ Jennifer

buy)

Chaloemtiarana 02/26/2016

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The option provided for vesting of 20% of the shares on September 2, 2015, then in twelve installments each consisting of 1.667% of the (1) shares after the completion of each additional consecutive month of service, and with respect to the remaining shares, in 24 equal installments upon the completion of each additional consecutive month of service thereafter.
- On February 24, 2016, the Issuer canceled, pursuant to the Issuer's option exchange program, an option for 225,000 shares of the Issuer's stock granted to the Reporting Person on October 15, 2014. In exchange, the Reporting Person received a replacement option, for 225,000 shares, having an exercise price of \$2.99 a share.
- (3) The option will vest over five years in 60 equal monthly installments beginning on March 24, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2