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Nolan Mang Form 4											
August 17, 2	ΠΛ								OMB AF	PROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMMISSION	OMB Number:	3235-0287	
Check th if no lon	ger				-				Expires:	January 31, 2005	
subject t Section Form 4 c	IENT OF	F CHANGES IN BENEFICIAL OWN SECURITIES					ERSHIP OF	Estimated a burden hour response	average urs per		
Form 5 obligation may con <i>See</i> Instr 1(b).	tinue. Section 17(a) of the Pu	ublic Ut		ding Cor	npan	y Act of	Act of 1934, 1935 or Section	·		
(Print or Type	Responses)										
			2. Issuer Name and Ticker or Trading Symbol CASTLIGHT HEALTH, INC.				0	5. Relationship of Reporting Person(s) to Issuer			
			[CSLT]					(Check all applicable)			
(Mo			Month/D	Date of Earliest Transaction /onth/Day/Year) 8/15/2017				Director 10% Owner X Officer (give title Other (specify below) below) CFO & Treasurer			
INC., 150 S	SPEAR ST., SUIT	Е 400									
SAN FRAN	(Street) JCISCO, CA 9410	Η		endment, Danth/Day/Yea	-	1		6. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by M	ne Reporting Per	rson	
(City)		(Zip)	Tabl	e I - Non-I	Derivative	Secur		Person iired, Disposed of,	or Beneficiall	v Owned	
1.Title of	2. Transaction Date	2A Deeme		3.	4. Securi		-	5. Amount of	6.	7. Nature of	
Security (Instr. 3)					on(A) or Di (Instr. 3,	(A) or	d of (D) 5)	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect	
Class B Common Stock	08/15/2017			Code V $M^{(1)}$	Amount	(D) A	Price \$ 0	38,246	D		
Class B Common Stock	08/15/2017			M <u>(2)</u>	1,875	А	\$ 0	40,121	D		
Class B Common Stock	08/16/2017			S	<u>999 (3)</u>	D	\$ 3.8899 (4)	39,122	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deri Secu (Inst
				Code V	7 (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	\$ 0 <u>(5)</u>	08/15/2017		M <u>(1)</u>		625	(6)	(6)	Class B common stock	625	•
Restricted Stock Units	\$ 0 <u>(5)</u>	08/15/2017		M <u>(2)</u>		1,875	(7)	(7)	Class B Common Stock	1,875	•

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Nolan Mangini Siobhan C/O CASTLIGHT HEALTH, INC. 150 SPEAR ST., SUITE 400 SAN FRANCISCO, CA 94105			CFO & Treasurer					
Signatures								
/s/ Jennifer Chaloemtiarana, by pow attorney	er of	08/	/17/2017					
**Signature of Reporting Person			Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Release and settlement of restricted stock units ("RSUs") granted to the Reporting Person on May 15, 2015, the grant of which was previously reported by the Reporting Person on a Form 3.

(2)

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Release and settlement of RSUs granted to the Reporting Person on August 17, 2015, the grant of which was previously reported by the Reporting Person on a Form 3.

Represents the aggregate number of shares sold by the Reporting Person on the same day at different prices. All of these shares were sold(3) to cover taxes and fees due upon the release and settlement of the RSU's. The Reporting Person did not sell or otherwise dispose of any of the shares reported on this Form 4 for any reason other than to cover required taxes and fees.

- Represents the weighted average sales price per share. The shares sold at prices ranging from \$3.85 to \$3.95 per share. Full information
 (4) regarding the number of shares sold at each price shall be provided upon request to the staff of the U.S. Securities and Exchange Commission, the Issuer, or a security holder of the Issuer.
- (5) Each RSU represents a contingent right to receive 1 share of the Issuer's Class B common stock upon settlement for no consideration.

25% of the RSUs vested on February 15, 2016 and the remainder will vest quarterly over three years thereafter in equal installments.(6) Shares of the Issuer's Class B common stock will be delivered to the Reporting Person following vesting, at which time shares will be sold by the Reporting Person to cover any tax withholding obligations.

25% of the RSUs will vest on August 15, 2016 and the remainder will vest quarterly over three years thereafter in equal installments.

(7) Shares of the Issuer's Class B common stock will be delivered to the Reporting Person following vesting, at which time shares will be sold by the Reporting Person to cover any tax withholding obligations.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.