

SUPER SOL LTD
Form 6-K
October 14, 2003

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Report of Foreign Issuer

Pursuant to Rule 13a-16 or 15d-16 of
the Securities Exchange Act of 1934

October 12, 2003

Super-Sol Ltd.

(Translation of Registrant's Name into English)

30 Shmotkin Benyamin Street
Rishon Lezion, 75363 Israel
(Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F Form 40-F

Indicate by check mark whether the registrant by furnishing the information
contained in this form is also thereby furnishing the information to the Commission
pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No

If Yes is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

Attached hereto and incorporated by reference, as filed with the Israeli Securities Authority, Israeli Companies Registrar and Tel-Aviv Stock Exchange, are the following document:

The Registrant's Immediate Report, dated October 2, 2003, in respect of a resignation of an External Director.

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Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

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Super-Sol Ltd.
(Registrant)

BY: /S/ Linda Shafir

Linda Shafir, Adv.

Dated: October 12, 2003

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October 2, 2003

Companies Registrar
P.O. Box 767
Jerusalem 91007
(Registered Mail)

Securities Authority
P.O. Box 7450
Jerusalem 91073
(Registered Mail +Fax)

Tel Aviv Stock Exchange
54 Echad Ha'am Street
Tel-Aviv
(Registered Mail +Fax)

Re: Immediate Report regarding the resignation of an External Director
pursuant to section 34(a) of the securities regulations
(Periodic and Immediate Reports) - 1970

Dear Sir, Madam,

Corporation Name: **Super-Sol Ltd.**

Corporation Address: **30 Shmotkin Benyamin St., Rishon LeZion.**

Corporation Number with Companies Registrar: 52-002273-2

Information in respect of resigning external director

1. Name: Doron Tamir
2. ID: 08619520
3. Resignation Date: October 2nd, 2003
4. The reasons of the resignation according to Mr. Doron Tamir, as mentioned in the attached letter, are personal reasons, which are not connected to Super-Sol Ltd.

Yours Sincerely,

BY: /S/ Linda Shafir

Linda Shafir, Adv.
General Counsel
And Company Secretary

Re: Immediate Report regarding the resignation of an External Director pursuant to section 34(a) of the securities