HORMEL FOODS CORP /DE/

Form 4 March 07, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

	Address of Reporting RG JOSEPH C	g Person <u>*</u>	Symbol	er Name an IEL FOO			I	i. Relationship of F ssuer (Check	Reporting Person	
(Last) 1 HORME	` ,	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/04/2005			_	Director 10% Owner Officer (give title Other (specify elow)			
AUSTIN, N	(Street) MN 55912			endment, D onth/Day/Yea		al	A - -	o. Individual or Join Applicable Line) X_ Form filed by Or Form filed by Mo Person	ne Reporting Per	son
(City)	(State)	(Zip)	Tak	ole I - Non-	Derivative	Secui	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8)	4. Securit our Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/04/2005			M	16,000	A	\$ 11.9375	25,047.225	D	
Common Stock	03/04/2005			S	6,930	D	\$ 32	18,117.225	D	
Common Stock	03/04/2005			F	3,378	D	\$ 32	14,739.225 (2)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Y	6. Date Exercisable and Expiration Date Underlying S (Month/Day/Year) (Instr. 3 and		Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 11.9375	03/04/2005		M <u>(1)</u>	16,000	05/21/1996	11/21/2005	Common Stock	16,000

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

SWEDBERG JOSEPH C

1 HORMEL PLACE Vice President

AUSTIN, MN 55912

Signatures

Joe C. Swedberg, by Power of Attorney 03/04/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting Person has exercised Stock Withholding Rights in connection with this option exercise, as reflected on Table I.
- (2) Reporting Person also holds indirectly 1,040 shares in Founders Fund.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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