MCCOY MICHAEL J

Form 4

January 23, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

Expires:

5 D 1 (* 1 * CD - (* D - () (

January 31, 2005

0.5

Estimated average

response...

burden hours per

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations may continue. See Instruction

1 Name and Address of Departing D

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

	Address of Reporting MICHAEL J	g Person <u>*</u>	Symbol			I Ticker or		I	i. Relationship of F ssuer (Check	Reporting Person	
(Last) 1 HORME		(Middle)		Day/Year		ransaction		_	_X Director _X Officer (give to below) Executive		Owner r (specify
AUSTIN, I	(Street) MN 55912			endment, onth/Day/Y		nte Origina	ıl	- -	5. Individual or Join Applicable Line) X_ Form filed by Or Form filed by Mo Person	ne Reporting Per	rson
(City)	(State)	(Zip)	Tab	ole I - No	n-E	Derivative	Secur	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transac Code (Instr. 8	tion ()	4. Securiti nor Dispose (Instr. 3, 4)	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/19/2006			M		20,000	A	\$ 15.9062	40,918.807	D	
Common Stock	01/19/2006			F		9,353	D	\$ 34.01	31,565.807	D	
Common	01/19/2006			F		3,654	D	\$ 34.01	27,911.807	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control

Edgar Filing: MCCOY MICHAEL J - Form 4

number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	*		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 15.9062	01/19/2006		M(3)	20,000	(2)	12/23/2008	Common Stock	20,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner France / Francess	Director	10% Owner	Officer	Other			
MCCOY MICHAEL J 1 HORMEL PLACE AUSTIN, MN 55912	X		Executive V.P. & CFO				

Signatures

Michael J. McCoy, by Power of Attorney 01/23/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting Person also holds indirectly 6,808 shares in the 401(k), and 1,333 shares in the JEPST Trust; spouse holds 1,307 shares in an IRA account.
- (2) The option vested in four equal annual installments beginning on December 23, 1999.
- (3) Reporting Person has exercised Stock Withholding Rights in connection with this option exercise, as reflected on Table I.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2