Aakre D Scott Form 4 September 19, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

09/18/2008

(Print or Type Responses)

Aakre D Scott S			er Name and Ticker or Trading MEL FOODS CORP /DE/	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 1 HORME	(First) (Midd	, 5.240	of Earliest Transaction Day/Year) 2008	Director 10% Owner Softier (give title Other (specify below) Vice President		
			nendment, Date Original onth/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State) (Zip	p) Tak	ole I - Non-Derivative Securities Acq	uired, Disposed of, or Beneficially Owned		
1.Title of Security (Instr. 3)	an	xecution Date, if	3. 4. Securities Acquired (A Transactiom Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price	Securities Ownership Indirect Beneficially Form: Beneficial Owned Direct (D) Ownership Following or Indirect Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)		
Common Stock	09/18/2008		M 2,000 A \$ 15.906	2 2,201.383 D		

362

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

F

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SEC 1474

(9-02)

1,839.383 (3) D

\$ 35.55

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number omf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		mf Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		mf Derivative E Securities (1 Acquired (A) or Disposed of (D) (Instr. 3, 4,		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (Ir
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Options (Right to Buy)	\$ 15.9062	09/18/2008		M <u>(1)</u>	2	2,000	(2)	12/23/2008	Common Stock	2,000	1				

Reporting Owners

Reporting Owner Name / Address	Relationships						
Troporting of mark reasons	Director	10% Owner	Officer	Other			
Aakre D Scott							
1 HORMEL PLACE			Vice President				

AUSTIN, MN 55912

Vice President

Signatures

D Scott Aakre, by Power of Attorney

09/19/2008

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reporting Person has exercised Stock Withholding Rights in connection with this option exercise, as reflected on Table I.
- (2) The option vested in four equal anual installments, with the first group available for exercise on December 23, 1999.
- (3) Reporting Person also holds indirectly 431 shares in the 401(k), and 427 shares in the JEPST Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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