ETTINGER JEFFREY M

Form 4

December 19, 2012

FORM 4

Check this box

if no longer

subject to

Section 16.

Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

2 Jaguar Nama and Tiakar or Trading

OMB

Number: 3235-0287

OMB APPROVAL

Expires: January 31, 2005
Estimated average

burden hours per response... 0.5

5 Relationship of Reporting Person(s) to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

ETTINGER JEFFREY M			2. Issuer I talle that I lefter of I lading					ssuer			
			HORME [HRL]	EL FOOD	S CORP	/DE/	1	(Check	all applicable)	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)				_	_X Director 10% Owner X Officer (give title Other (specify			
1 HORMEL PLACE			12/18/2012				be	below) below) Chairman, President and CEO			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)				
AUSTIN, M					_>	_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table	I - Non-D	erivative S	Securi	ties Acquir	ed, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Executi any		Code (Instr. 3, 4 and 5)			(D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
COMMON	12/18/2012			Code V M	Amount 90,000	(D)	Price \$	316,369.553	D		
STOCK	12/10/2012			141	70,000	А	13.465	310,307.333	D		
COMMON STOCK	12/18/2012			F	38,606	D	\$ 31.39	277,763.553	D		
COMMON STOCK	12/18/2012			F	21,946	D	\$ 31.39	255,817.553	D		
COMMON STOCK								984.735	I	SPOUSE	
COMMON STOCK								10,487.7706	I	401(K)	

COMMON STOCK 10,167.1816 I JEPST PLAN

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
STOCK OPTIONS (RIGHT TO BUY)	\$ 13.465	12/18/2012		M	90,000	<u>(1)</u>	12/02/2013	COMMON STOCK	90,00

Reporting Owners

Reporting Owner Name / Address Relations	nips
--	------

Director 10% Owner Officer Other

ETTINGER JEFFREY M

1 HORMEL PLACE X Chairman, President and CEO

AUSTIN, MN 55912

Signatures

Jeffrey M. Ettinger, by Power of Attorney 12/19/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in four equal annual installments, with the first group vesting on December 2, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2