NAKASONE ROBERT

Form 4 July 12, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SECURITIES

OMB APPROVAL OMB

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

response...

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

		. *									
1. Name and Address of Reporting Person * NAKASONE ROBERT			2. Issuer I tallie and Treller of Tracing]	5. Relationship of Reporting Person(s) to Issuer			
				HORMEL FOODS CORP /DE/ [HRL]				(Check all applicable)			
(Last)	(First)	(Middle)		of Earliest T Day/Year)	ransaction	l		_X_ Director Officer (give t	itleOthe	Owner er (specify	
1 HORMEL PLACE				07/11/2018				pelow)	below)		
(Street)			4. If Amendment, Date Original				(6. Individual or Joint/Group Filing(Check			
				· · · · · · · · · · · · · · · · · · ·				Applicable Line) _X_ Form filed by One Reporting Person			
AUSTIN, N	MN 55912-3680							Form filed by Mo Person			
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	e Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			Code (Instr. 3, 4 and 5)				Securities Ownership Indi Beneficially Form: Bene	7. Nature of Indirect Beneficial Ownership		
		(Wionawi	ouy, I cui)	(msu. o)		(A)		Following Reported Transaction(s)	or Indirect (I) (Instr. 4)	(Instr. 4)	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	07/11/2018			M	6,000	A	\$ 9.78	116,973.43	D		
Common Stock	07/11/2018			S	6,000	D	\$ 37.5022 (1)	110,973.43	D		
Common								11,265	I	Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercis	sable and	7. Title and A	Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	onof Derivative	Expiration Date		Underlying Securities	
Security	or Exercise		any	Code Securities		(Month/Day/Year)		(Instr. 3 and 4)	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired				
	Derivative				(A) or				
	Security				Disposed of				
	·				(D)				
					(Instr. 3, 4,				
					and 5)				
					,				
									Amount
						Date	Expiration		or
						Exercisable	Date	Title	Number
						LACICISADIC	Date		of
				Code V	(A) (D)				Shares
C.								C	
Common	\$ 9.78	07/11/2018		M	6,000	08/01/2010	02/01/2020	Common	6,000
Stock	Ψ 2.70	07/11/2010		141	0,000	00/01/2010	02/01/2020	Stock	0,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
r g	Director	10% Owner	Officer	Other			
NAKASONE ROBERT	***						
1 HORMEL PLACE	X						
AUSTIN, MN 55912-3680							

Signatures

Robert C. Nakasone, by Power of Attorney 07/12/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Reflects the weighted average price of 6,000 shares of common stock of Hormel Foods Corporation sold by the reporting person in multiple transactions on July 11, 2018 with sale prices ranging from \$37.50 to \$37.51 per share. The reporting person undertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares sold at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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