

GOULD MATTHEW J
Form 4
March 18, 2009

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
GOULD MATTHEW J

2. Issuer Name and Ticker or Trading Symbol
ONE LIBERTY PROPERTIES INC [OLP]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

(Last) (First) (Middle)
60 CUTTER MILL ROAD, SUITE 303
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
03/16/2009

Director 10% Owner
 Officer (give title below) Other (specify below)
SENIOR VICE PRESIDENT

GREAT NECK, NY 11021

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)	
				(A) or (D)	Price			
Common Stock					198,282 ⁽¹⁾	D		
Common Stock					34,734 ⁽²⁾	I	As custodian	
Common Stock	03/16/2009		A	500	A \$ 3.46	992,206 ⁽³⁾	I	By partnership
Common Stock	03/16/2009		A	900	A \$ 3.45	993,106 ⁽³⁾	I	By partnership
Common Stock	03/16/2009		A	100	A \$ 3.44	993,206 ⁽³⁾	I	By partnership

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Common Stock	03/16/2009		A	1,000	A	\$ 3.4	994,206 ⁽³⁾	I	By partnership
Common Stock	03/16/2009		A	500	A	\$ 3.35	994,706 ⁽³⁾	I	By partnership
Common Stock	03/16/2009		A	1,000	A	\$ 3.3	995,706 ⁽³⁾	I	By partnership
Common Stock	03/16/2009		A	200	A	\$ 3.25	995,906 ⁽³⁾	I	By partnership
Common Stock	03/16/2009		A	800	A	\$ 3.2475	996,706 ⁽³⁾	I	By partnership
Common Stock	03/17/2009		A	800	A	\$ 3.2812	997,506 ⁽³⁾	I	By partnership
Common Stock	03/17/2009		A	200	A	\$ 3.3	997,706 ⁽³⁾	I	By partnership
Common Stock	03/17/2009		A	300	A	\$ 3.2299	998,006 ⁽³⁾	I	By partnership
Common Stock	03/17/2009		A	700	A	\$ 3.2214	998,706 ⁽³⁾	I	By partnership
Common Stock	03/17/2009		A	1,000	A	\$ 3.2	999,706 ⁽³⁾	I	By partnership
Common Stock	03/17/2009		A	1,000	A	\$ 3.15	1,000,706 ⁽³⁾	I	By partnership
Common Stock							3,552 ⁽²⁾	I	By spouse
Common Stock							12,128 ⁽⁴⁾	I	By foundation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu
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