SHOCKLEY JOE T JR
Form 4
February 01, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * SHOCKLEY JOE T JR	2. Issuer Name **and** Ticker or Trading Symbol **BANCFIRST CORP /OK/ [BANF]**	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last)　(First)　(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/29/2010	__X__ Director　　_____ 10% Owner __X__ Officer (give title _____ Other (specify below)　　　below) 　　　　EVP & CFO
101 N BROADWAY		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person ___ Form filed by More than One Reporting Person
OKLAHOMA CITY, OK 73102		
(City)　(State)　(Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/29/2010		M		1,100	A	$16.75	7,500	D	
Common Stock	01/29/2010		S		1,100	D	$40.25	6,400	D	
Common Stock	01/29/2010		M		100	A	$16.75	6,500	D	
Common Stock	01/29/2010		S		100	D	$40.39	6,400	D	
Common Stock	01/29/2010		M		200	A	$16.75	6,600	D	

Common Stock	01/29/2010		S	200	D	$ 40.4	6,400	D	
Common Stock	01/29/2010		M	100	A	$ 16.75	6,500	D	
Common Stock	01/29/2010		S	100	D	$ 40.44	6,400	D	
Common Stock							4,639.763	I	ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securities (Instr. 3 and 4)	
									Date Exercisable	Expiration Date	Title	Amount or Number of Shares
				Code	V	(A)	(D)					
Non-qualified Stock Option (right to buy)	$ 16.75	01/29/2010		M			1,100		02/02/2002	02/02/2013	Common Stock	1,10
Non-qualified stock option (right to buy)	$ 16.75	01/29/2010		M			100		02/02/2002	02/02/2013	Common Stock	10
Non-qualified stock option (right to buy)	$ 16.75	01/29/2010		M			200		02/02/2002	02/02/2013	Common Stock	20
Non-qualified stock option	$ 16.75	01/29/2010		M			100		02/02/2002	02/02/2013	Common Stock	10

Reporting Owners

Reporting Owner Name / Address	Relationships

	Director	10% Owner	Officer	Other

SHOCKLEY JOE T JR
101 N BROADWAY   X   EVP & CFO
OKLAHOMA CITY, OK 73102

Signatures

By: Randy Foraker For: Joe T. Shockley, Jr.   02/01/2010

<u>**</u>Signature of Reporting Person   Date

Explanation of Responses:

*   If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

**   Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.