SIEGEL IRVING

Form 4

November 22, 2005

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

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if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

2. Issuer Name and Ticker or Trading Symbol

Issuer

5. Relationship of Reporting Person(s) to

SIEGEL IRVING

(Last)

MOTORCAR PARTS AMERICA

(Check all applicable)

INC [MPAA]

(Month/Day/Year)

11/18/2005

(Middle)

3. Date of Earliest Transaction

_X__ Director Officer (give title

10% Owner _ Other (specify

C/O MOTORCAR PARTS OF AMERICA, 2929 CALIFORNIA STREET

(First)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

TORRANCE, CA 90503

(City)	(State)	(Zip) Tab	le I - Non-I	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(Instr. 1)	
Common Stock	11/18/2005		M	6,300	A	\$ 2.7	6,300	D	
Common Stock	11/18/2005		S	6,300	D	\$ 9.804	0	D	
Common Stock	11/21/2005		M	8,700	A	\$ 2.7	8,700	D	
Common Stock	11/21/2005		M	1,500	A	\$ 1.8	10,200	D	
	11/21/2005		S	10,200	D		0	D	

\$ Common Stock 9.7515

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	ntion Date, if Transaction of Derivative Code Securities		erivative arities uired or osed of r. 3, 4,	6. Date Exerci- Expiration Dat (Month/Day/Y	e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock options	\$ 2.7	11/18/2005		X		6,300	12/05/2002	12/04/2012	Common Stock	6,300
Stock options	\$ 2.7	11/21/2005		X		8,700	12/05/2002	12/04/2012	Common Stock	8,700
Stock options	\$ 1.8	11/21/2005		X		1,500	04/30/2003	04/30/2013	Common Stock	1,500

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner Officer Other

SIEGEL IRVING C/O MOTORCAR PARTS OF AMERICA X

2929 CALIFORNIA STREET TORRANCE, CA 90503

Signatures

/s/ Irv Siegel 11/22/2005 Date

**Signature of Reporting Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reported transaction relates to exercise of a derivative security. The exercise price is reported in Column 2 in accordance with the instructions to Form 4.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.