

Spectra Energy Corp.
Form 4
January 04, 2007

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Harris Alan N

(Last) (First) (Middle)
5400 WESTHEIMER COURT
(Street)

HOUSTON, TX 77056-5310

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
Spectra Energy Corp. [SE]

3. Date of Earliest Transaction
(Month/Day/Year)
01/02/2007

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
X Officer (give title below) ___ Other (specify below)
Group VP & Chief Dev.Off.

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Code V Amount (D) Price		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of Derivative Securities	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)							
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
LTIP Phantom Stock Grant Feb 2004 ⁽¹⁾	<u>(2)</u>	01/02/2007	A		1,647		<u>(3)</u>	<u>(4)</u>	Common Stock	1,647	
LTIP Phantom Stock Grant Feb 2005 ⁽¹⁾	<u>(2)</u>	01/02/2007	A		2,080		<u>(5)</u>	<u>(4)</u>	Common Stock	2,080	
LTIP Phantom Stock Grant Apr 2006 ⁽¹⁾	<u>(2)</u>	01/02/2007	A		2,555		<u>(6)</u>	<u>(4)</u>	Common Stock	2,555	
Performance Shares ⁽¹⁾	<u>(2)</u>	01/02/2007	A		3,430		02/24/2007	<u>(4)</u>	Common Stock	3,430	
Performance Shares ⁽¹⁾	<u>(2)</u>	01/02/2007	A		3,250		02/28/2008 ⁽⁷⁾	<u>(4)</u>	Common Stock	3,250	
Performance Shares ⁽¹⁾	<u>(2)</u>	01/02/2007	A		3,835		04/04/2009 ⁽⁷⁾	<u>(4)</u>	Common Stock	3,835	
LTIP Restricted Shares ⁽¹⁾	<u>(2)</u>	01/02/2007	A		5,000		02/01/2010	<u>(4)</u>	Common Stock	5,000	
Phantom Stock ESP ⁽¹⁾	<u>(2)</u>	01/02/2007	A		1,404		<u>(8)</u>	<u>(4)</u>	Common Stock	1,404	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Harris Alan N 5400 WESTHEIMER COURT HOUSTON, TX 77056-5310			Group VP & Chief Dev.Off.	

Signatures

Beverly J. Fite as Attorney in Fact for Alan N.
Harris.

01/04/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- On January 2, 2007, Duke Energy Corporation distributed all of the shares of common stock of Spectra Energy Corp to Duke Energy's
- (1) shareholders. In connection with the distribution, the reporting person was granted long-term incentive awards in partial substitution of long-term incentive awards previously issued by Duke Energy.
 - (2) Converts to Common Stock on a 1-for-1 basis.
 - (3) The phantom shares vest in 3 annual installments beginning February 2007.
 - (4) Expiration date not applicable.
 - (5) The phantom shares vest in 4 annual installments beginning February 2007.
 - (6) The phantom shares vest in 5 annual installments beginning April 2007.
 - (7) May vest earlier upon achievement of specified total shareholder return.
 - (8) Payable upon termination of employment or occurrence of other events as specified in the Spectra Energy Corp Executive Savings Plan, subject to holding periods required by law.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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