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Check this box if no longer subject to Section 16. Check this box if no longer Section 16. Check this box if no longer Sectio									OMB Number: Expires: Estimated a burden hou response	irs per		
(Print or Type F	Responses)											
BARR JOHN Syn				2. Issuer Name and Ticker or Trading Symbol UST INC [UST]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (1	Middle)	3. Date of	3. Date of Earliest Transaction (Check					ck all applicable	(all applicable)		
				Month/Day/Year) 8/06/2008				X_ Director 10% Owner Officer (give title Other (specify below) below)				
				ndment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 				
STAMFORD, CT 06905 Form filed by More than One Reporting Person							eporting					
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution Date, if nstr. 3) any			3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or Code V Amount (D) Price				SecuritiesFBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial		
Common	08/06/2008			A Code V	Amount 80	(D) A	Price \$ 0	13,008	D			
Stock								,				
Common Stock	08/07/2008			А	50	А	\$0	13,866 <u>(1)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
BARR JOHN C/O UST INC. 6 HIGH RIDGE PARK, BLDG. A STAMFORD, CT 06905	Х							
Signatures								
Lorna R. Simms, by Power of Attorney	08/08/2008							
**Signature of Reporting Person		Date						
Explanation of Responses:								

u nespunses.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes a total of 267 shares held in the UST Inc. Dividend Reinvestment Plan and 541 Phantom shares resulting from dividend (1) reinvestment under a deferred compensation plan as of this date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.