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Mauldin Rob Form 4	ert M III										
February 20,											
FORM	4 UNITED	STATES	SECUR	ITIES A	ND EXO	CHA	NGE (COMMISSION		PPROVAL	
Chaola thi				hington,					Number:	3235-0287	
	Check this box if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHI					NEDSHIDOE	Expires: January				
subject to Section 16. SECURITIES Form 4 or					UIA.	LUW	NERSHIF OF		stimated average Irden hours per sponse 0.		
Form 5 obligation may conti <i>See</i> Instru- 1(b).	s Section 17	(a) of the		ility Hold	ing Com	ipany	Act of	e Act of 1934, f 1935 or Section 40	1		
(Print or Type R	esponses)										
1. Name and Address of Reporting Person <u>*</u> Mauldin Robert M III			2. Issuer Name and Ticker or Trading Symbol CITIZENS INC [CIA]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction				(Chec	k all applicable	e)		
2900 ESPER 2ND FL	ANZA CROSS	SING,	(Month/Da 02/15/20	-				Director X Officer (give below) VP, Chief		6 Owner er (specify fficer	
AUSTIN, TX	(Street)			ndment, Dat th/Day/Year)	e Original			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	One Reporting Pe	erson	
		(7:)						Person			
(City)	(State)	(Zip)		e I - Non-Do				uired, Disposed of		-	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) (Instr. 8) (Instr. 3, 4 and 5) (A) or				Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)				
Citizens, Inc. Class A Common Stock	02/15/2019			Code V M	Amount 5,354		Price (<u>1</u>)		D		
Citizens, Inc. Class A Common Stock	02/15/2019			F	1,420	D	\$ 6.94	3,934	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number onof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	nof Derivative Expiration Date Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deri Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	(1)	02/15/2019		М	5,354	. (2)	(2)	Class A Common Stock	5,354	Q 1
Restricted Stock Units	(1)					(3)	(3)	Class A Common Stock	32,440	

Reporting Owners

Reporting Owner Name / Address		Relationships						
			10% Owner	Officer	Other			
Mauldin Robert M III 2900 ESPERANZA CROSSING, AUSTIN, TX 78758			VP, Chief Marketing Officer					
Signatures								
/s/Robert M.	/20/2019							

Mauldin III

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock units convert into Citizens, Inc. Class A common stock on a one-for-one basis.
- (2) On February 15, 2018, the reporting person was granted an award of restricted stock units, vesting in two equal annual installments on the first anniversary of the date of the grant (February 15, 2019) and the second anniversary of the date of the grant (February 15, 2020).
- (3) On January 31, 2019, the reporting person was granted an award of restricted stock units, vesting in two equal annual installments on the first anniversary of the date of the grant (January 31, 2020) and the second anniversary of the date of the grant (January 31, 2021).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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