



Exchange Act. o

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Item 5.02                      Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On October 19, 2018, Nature's Sunshine Products, Inc. (the "Company") entered into an amendment (the "Amendment") to Mr. Terrence Moorehead's employment agreement (the "Employment Agreement"). Among other things, pursuant to the Amendment, the amount of the relocation advance payment provided for under the Employment Agreement was increased to more accurately account for the costs being incurred by Mr. Moorehead to relocate as required by the Employment Agreement.

The foregoing summary of the Amendment does not purport to be complete and is subject to, and qualified in its entirety by, the full text of the Employment Agreement, a copy of which is attached as Exhibit 10.1 to this report and is incorporated by reference herein.

Item 9.01                      Financial Statements and Exhibits.

Item No. Exhibit

10.1      Amendment to Executive Agreement between the Company and Terrence Moorehead.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S SUNSHINE PRODUCTS, INC.

Dated: October 24, 2018 By: /s/ Nathan G. Brower

Nathan G. Brower, Executive Vice President, General Counsel and Secretary