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MONTANARO CARL L Form 4 March 28, 2003

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL OMB Number: 3235-0287 Expires: January 31, 2005 Estimated average burden hours per response. . . 0.5 Form 4: \perp Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person: (Last) (First) (Middle) (Street) (City) (State) 922 Highway 33 Freehold, New Jersey 07728 Montanaro Carl L 2. Issuer Name and Ticker or Trading Symbol: Foodarama Supermarkets, Inc. (FSM) 3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary) 4. Statement for Month/Day/Year: March 27, 2003 5. If Amendment, Date of Original (Month/Year) 6. Relationship of Reporting Person(s) to issuer (Check all applicable): __ Director; X Officer; __ 10% Owner: Title: Senior Vice President, Sales and Merchandising 7. Individual or Joint/Group Filing (Check Applicable Line): X Form filed by one reporting person Table I-Non Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) Common Stock: \$1 Par Value 2. Transaction Date (Month/Day/Year): March 27, 2003 2a. Deemed Execution Date; if any; (Month/Day/Year): 3. Transaction Code (Instr. 8.): Code: S; V: 4. Securities Acquired (A) or Disposed (D) (Instr. 3, 4 and 5): Amount: 250; (A) or (D): (D); Price: \$25.25 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4): 15 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4): (D) 7. Nature Of Indirect Benficial Ownership (Instr. 4): Table II- Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr.3): 2. Conversion or Exercise Price of Derivative Security: 3. Transaction Date (Month/Day/Year): 3a. Deemed Execution Date; if any; (Month/Day/Year): 4. Transaction Code (Instr. 8): Code: ; V:

5. Number of Derivative Securities Acquired (A) or Disposed of (D)

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(Instr. 3, 4 and 5): (A): ; (D):

6. Date Exerciseable and Expiration Date (Month/Day/Year):
 Date Exerciseable: _____ ; Expiration Date: _____

7. Title and Amount of Underlying Securities (Instr. 3 and 4):
 Title: _____ ; Amount or Number of Shares: ____

8. Price of Derivative Security (Instr. 5)

9. Number of Derivative Securities Beneficially Owned at End of Month (Instr.4)

10. Ownership Form of Derivative Securities Beneficially Owned at End of Month (Instr. 4):

11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses

/S/ Carl L. Montanaro ______ March 27, 2003

**Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction $4\,\mathrm{(b)}\,\mathrm{(v)}$.
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, on of which must be manually signed. If space is insufficient, see Instruction 6 for procedure