#### CAPITAL ONE FINANCIAL CORP

Form 4

February 04, 2005

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

**OMB** Number:

**OMB APPROVAL** 

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES** 

Issuer

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

FAIRBANK RICHARD D

			CAPITAL ONE FINANCIAL CORP [COF]					(Check all applicable)			
(Last)	(First)	(Middle)		of Earliest T Day/Year)	Transaction		-	_X_ Director _X_ Officer (give	title Othe	Owner er (specify	
1680 CAPI	TAL ONE DRI	VE	02/02/2	02/02/2005					below) below) Chairman, CEO and President		
	(Street)				Date Original			5. Individual or Jo	int/Group Filin	g(Check	
MCLEAN, VA 22102			Filed(Mo	· -					Applicable Line)  _X_ Form filed by One Reporting Person  Form filed by More than One Reporting  Person		
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative S	ecurit	ies Acqui	ired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	) Execution any		3. Transacti Code (Instr. 8)	oror Disposed (Instr. 3, 4	d of (D	))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (1)	02/02/2005			M	109,403	A	\$ 9.73	850,349	D		
Common Stock (1)	02/02/2005			S	700	D	\$ 78.01	849,649	D		
Common Stock (1)	02/02/2005			S	500	D	\$ 78.04	849,149	D		
Common Stock (1)	02/02/2005			S	300	D	\$ 78.05	848,849	D		
Common Stock (1)	02/02/2005			S	100	D	\$ 78.12	848,749	D		

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Common Stock (1)	02/02/2005	S	500	D	\$ 78.13	848,249	D
Common Stock (1)	02/02/2005	S	200	D	\$ 78.14	848,049	D
Common Stock (1)	02/02/2005	S	200	D	\$ 78.15	847,849	D
Common Stock (1)	02/02/2005	S	200	D	\$ 78.16	847,649	D
Common Stock (1)	02/02/2005	S	200	D	\$ 78.18	847,449	D
Common Stock (1)	02/02/2005	S	300	D	\$ 78.19	847,149	D
Common Stock (1)	02/02/2005	S	700	D	\$ 78.2	846,449	D
Common Stock (1)	02/02/2005	S	100	D	\$ 78.21	846,349	D
Common Stock (1)	02/02/2005	S	300	D	\$ 78.22	846,049	D
Common Stock (1)	02/02/2005	S	1,000	D	\$ 78.23	845,049	D
Common Stock (1)	02/02/2005	S	1,000	D	\$ 78.24	844,049	D
Common Stock (1)	02/02/2005	S	500	D	\$ 78.25	843,549	D
Common Stock (1)	02/02/2005	S	500	D	\$ 78.26	843,049	D
Common Stock (1)	02/02/2005	S	800	D	\$ 78.27	842,249	D
Common Stock (1)	02/02/2005	S	900	D	\$ 78.28	841,349	D
Common Stock (1)	02/02/2005	S	800	D	\$ 78.29	840,549	D
Common Stock (1)	02/02/2005	S	1,800	D	\$ 78.3	838,749	D
Common Stock (1)	02/02/2005	S	800	D	\$ 78.31	837,949	D
Common Stock (1)	02/02/2005	S	700	D	\$ 78.34	837,249	D
Common Stock (1)	02/02/2005	S	100	D	\$ 78.38	837,149	D
	02/02/2005	S	1,200	D		835,949	D

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Common Stock (1)					\$ 78.39			
Common Stock (1)	02/02/2005	S	2,300	D	\$ 78.4	833,649	D	
Common Stock (1)	02/02/2005	S	700	D	\$ 78.41	832,949	D	
Common Stock (1)	02/03/2005	S	500	D	\$ 78.33	832,449	D	
Common Stock						107,502	I	By Fairbank Morris Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of ctionDerivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securi (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo Nun Shar
Employee Stock Option (Right to Buy)	\$ 9.73	02/02/2005		M		109,403	09/15/1996(2)	09/15/2005	Common Stock	109

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D			Chairman,					
1680 CAPITAL ONE DRIVE	X		CEO and					
MCLEAN, VA 22102			President					

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## **Signatures**

By: Polly A. Nyquist (POA on File) 02/04/2005

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on November 12, 2004 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) This option became exercisable in 33 1/3% increments beginning on September 15, 1996 and annually from that date thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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